



THE TAILWIND TIMES



Click here to 'Like' PMBC

November 2011, Vol. 19, No. 11



In this issue:

- Bike Blogs abound (Page 3)
- Chili Cook-Off (Page 4)
- 2011 Free Ride info (Page 4)
- PMBC Leadership – 2012 Election info (Page 5)
- Volunteer Opportunities – (Page 1, 6-7)

Message from Newsletter Editor Sheryl Keeme

Want more people on bikes in your city? Men follow women says studies

According to a story sent by PMBC member Jane Larson, cities seeking to increase the number of trips on bikes should begin by attracting women to pedaling..

Read the full story here:

http://articles.chicagotribune.com/2011-07-26/features/chi-to-boost-cycling-make-women-happy-20110726_1_bike-lane-cycling-trips-bike-safety

The article—citing the study 'Healthy Revolutions: Promoting cycling for women'--points out that women avoid cycling because of a lack of confidence about understanding the mechanics of a bicycle and not knowing how to address mechanical issues. Additionally, women also fear motorists and are uncomfortable finding answers from males. Communities have been successful, such as Portland, have reached out to women with women. Female mechanics teach classes for women about maintenance.

Volunteer sought for Fiesta Bowl Parade

Bicycle security volunteers are being sought by the Fiesta Bowl Parade folks to roam the route and radio in any problems spotted. The volunteers are needed because the route is 1.8 miles long and it is difficult for city police, etc. to have eyes everywhere. These volunteers cannot get involved in any problems that may arise, so they need only to notify appropriate authorities. The planners' numbers are low for volunteers so if you have friends who may be interested, please let them know. Registered volunteers receive a t-shirt and an invitation to our volunteer party in the spring and receive a volunteer gift. (We also have a lot of other non-bicycle volunteer opportunities available!) The parade is on Saturday, December 31 in central Phoenix. **More volunteer opportunities for cycling events may be found on page 6.**

Interested volunteers should contact:

VERONICA BRANA

Volunteer Services Manager

Tostitos Fiesta Bowl & Insight Bowl

[O](480) 517-6275

[C](602) 697-0993

[F](480) 736-4181

VBrana@fiestabowl.org

Bicycle traveler magazine

Once a cycling enthusiast figures out that seeing other parts of the state, country and world from the seat of a bike is the only way to go, finding friendly groups, tour outfits and places to ride becomes almost as fun a pastime as riding. Check out this online magazine The Bicycle Traveller, <http://bicycletraveler.bicyclingaroundtheworld.nl/>



Editor's Note: Please submit ride recaps, photographs and articles to me. –Sheryl Keeme
Sheryl@girlsgoneriding.org or <http://girlsgoneriding.blogspot.com>

PMBC Membership Information

We usually update our membership list at the end of the month. When we process the memberships, we'll send you a membership postcard. If you paid and haven't heard back from us by the first week of the next month, or if you have any questions about your membership status, please email Ken St. John at ken_stjohn@yahoo.com.

Phoenix Metro Bicycle Club: Ron Waller, Pres (ronwaller@cox.net); Ken St. John VP & Membership List (ken_stjohn@yahoo.com), Mike Kirk, Treasurer (mkirk9942@aol.com); Jen Start, Sec. (jenni jr@aol.com); Sheryl Keeme, Newsletter Editor, (602) 369-7452, (Sheryl@girlsgoneriding.org).

West Valley Bicycle Club: President: John Oplinger – (928) 671-0070 or JOplinger5200@msn.com, Vice President: Eric Kessler – hogansgoat7@cs.com, Secretary: Chuck Gerke (623) 974.9918, Chuckruthgerke@aol.com, Treasurer & Membership: Betsy Turner – (623) 979.8110 bettur@q.com.

Moving or changing e-mail addresses? Please let PMBC Vice President Ken St. John know of any change of e-mail address so that his posting notices will find you. ken_stjohn@yahoo.com

Newsletter Deadlines: The deadline for submissions is the 15th of the month prior to publication. Direct submissions may be mailed to the Newsletter Editor c/o Sheryl Keeme, 3354 E. Thornton Ave., Gilbert, AZ 85297. You may e-mail Sheryl at Sheryl@girlsgoneriding.org. E-mail submissions are currently being accepted in the following formats: Articles in MS-Word or standard e-mail, photographs preferred as jpeg or other common format attachments. Due to space limitations, articles will generally be edited to two pages, or less. While we encourage submissions from club members and guest writers, we reserve the right to decline to publish any submissions, due to content, date of receipt, space limitations, or for any other reason.

Web resources: Additional and updated ride schedules and other club information may be found on the Web, including: Phoenix/West Valley at our new web address of www.pmbcaz.org.

Tucson : www.bikegaba.org

Prescott: www.prescottcycling.org (e-mail: pcc@prescottcycling.org)

Sunrise/Sunset (Phoenix, AZ)

November 1	6:47 am	5:36 pm
December 1	7:14 am	5:20 pm

November Ride Schedule

***Please Note: Helmets are MANDATORY for all rides

***Liability Waivers: If Ride Leader asks for riders to sign, and you don't, you are NOT part of the ride

These rides are associated with PMBC and approved to be promoted as such. All are generally free to members, prospective members and guests.

EVERY MONDAY, WEDNESDAY & SATURDAY: Bike rides are held throughout the West Valley. For information on meeting places, times, etc., call Gene Marchi (623) 546-8112.

EVERY SATURDAY: SATURDAY CYCLING – Kiwanis Park, Tempe (SW of Mill & Baseline, across from the sand volleyball courts). 25-40 mile rides with optional breakfast stop. Contact Sue McFadden at (602) 758-0722 or sueMcFadd@att.net.

EVERY SUNDAY: SPIN CYCLE starting at Desert Breeze Park, located between McClintock & Rural, and Chandler & Ray, on Desert Breeze Pkwy. For more information, contact Glen Fletcher at wgfletcher@cox.net.

START TIMES FOR SATURDAY CYCLING AND SUNDAY SPIN CYCLE: Jan 8:30 am, Feb 8:00 am, Mar 7:30 am, Apr/May 7:00 am, June-Aug 6:30 am, Sep/Oct 7:00 am, Nov 7:30 am, Dec 8:00 am.

Sunday SPIN from Glen Fletcher—

11/13 – 7:30 AM – Tempe Mountains – Mileage options of 38 or 45 miles – climbing on the longer route. Breakfast at Paradise Bakery – Ray & I-10

11/20 – 7:30 AM – Tour de Mesa – Mileage options of 35 or 45 miles, climbing on the longer route. Breakfast at Paradise Bakery – Price & Ray Road

11/27 – 7:30 AM – Metro Mania – Mileage options of 36 or 45 miles, flat. Breakfast at Einstein Bagels on Ray & Rural.

There will be Thanksgiving rides on Thursday morning and Friday, once those details are ready,

EVERY SATURDAY: SUN LAKES BICYCLE CLUB – Starts from the Cottonwood Clubhouse on Robson Blvd between Dobson & Alma School, south of Riggs Rd. (Exit 167 from I-10). 35-40 mile breakfast ride at moderate pace. For information call Bob Prochaska at (480) 895-2601.

EVERY WEDNESDAY (NEW!!!): WATUKEE WHEELERS represents the latest expansion of PMBC rides. Start times are generally 6:30-8:00 a.m. The primary ride start is currently **Corpus Christi Church parking lot** (Knox and 36th St.), but start locations may vary. Road rides are 25 to 30 miles, at a 12-15 mph average pace (no drop). Contact Roseann Wagner to be added to the ride notice e-mail: watukeewheelers@gmail.com

MONDAY-FRIDAY: PINNACLE PEAK PEDALERS – Rides of one or more days around the Valley and/or state. For information regarding upcoming rides call Vern Hines at (480) 204-1419.

Sunday Kokopedalli “No Drop” Rides (20-22 miles, with longer options):

1st & 3rd Sundays from Chaparral Park, Scottsdale.

2nd Sunday from Kiwanis Park, Tempe.

4th Sunday: **Note – The group is trying several new locations around the East Valley. Contact Kathy Mills for details.**

Ride times and details at <http://groups.yahoo.com/group/kokopedalli> and at www.pmbcaz.org/rideschedule.html. More info?

Contact Kathy Mills, kmills67@cox.net (480) 235-5052.

ARIZONA BICYCLE CLUB – The Arizona Bicycle Club is a Phoenix-based club that shares ride/event schedules with GABA-Legacy clubs, and we offer member-discounted rates to each other's members for major rides. <http://azbikeclub.com>.

Bike Blogs Abound

<http://bikeshopgirl.com/>

In her own words: 12 years of bicycling industry experience. Pro bike mechanic, fit guru, operations manager and lover of everyone that rides a bicycle. I'm here to make your cycling experience better.

Read various reviews, stories, ride and race reports and tips for empowering women on bikes.

PMBC Chili Cook-Off provides SPICY Culinary Experience

Our First Ever PMBC Chili Cook-off, on Saturday, October 15th, hosted by Bleachers Sports Bar & Grill, enjoyed one of the biggest social event turnouts in recent history, with an attendance of about 70 hungry guests. The event featured 16 chili entries on an outside patio decorated in a Mexican theme with red hot chili pepper lights, linen table cloths and a mild temperature October night.

There were contests for best overall chili, best spicy chili, best vegetarian chili and the chili most likely to give you gas. Judging the entries were all of the attendees willing to sample the endless chili supply and helping to declare the winners. The emcee was Ron Waller, Club President.

Winning the People's Choice for best overall chili was Cindy DiMassa, with a secret chocolate ingredient; a close 2nd place went to Christine Niebling.

The judges awarded best spicy chili to Bob & Jane Kearney, best vegetarian chili to Jules Moore; a close 2nd place went to Lenore Thomas, and the chili most likely to give you gas, was awarded to Bob **Beane**.

PMBC-GABA Annual Free Ride – FOOD and FUN for FREE!

Saturday, December 3rd

Start location at Pioneer Park in Mesa

(Saturday Cycling, normally based at Kiwanis, will relocate to this start for this date only)

Route options of 25, 40, or 60 miles

Free Food and drinks provided during the ride
In addition, we will have a catered lunch after the ride

When: Saturday, December 3rd, 2011
Sign-in starting at 8:00am
Ride starts at 8:30am
No mass start – this is not a race

Where: Pioneer Park – Mesa AZ
¼ mile east of Mesa Drive on Main Street
Ride starts and ends at Pioneer Park
Limited parking... cycle or car pool is suggested.
Route will head to the northeast,
60 & 40 mile option will have hills!

Cost: Zip, nothing, nada. PMBC says thanks to their members for a great year and welcomes all riders to join us in an adventure celebrating cycling.

RSVP: Send Glen Fletcher an email if you plan on attending so we know how much food to bring.
wgfletcher@cox.net

Major Rides/PMBC Events/Meetings

These rides include PMBC events and meetings, other cycling club and charity events and races, and dates of other cycling-oriented activities. Many require a fee to participate.

Nov. 12, 2011, Cystic Fibrosis Foundation, Cycle For Life, Florence, Arizona

<http://www.cff.org/Chapters/arizona/index.cfm?ID=18283&blnShowBack=True&idContentType=1239&Event=18283>

Nov. 12, 2011, Cave Creek Bello Fondo, Cave Creek Cycling Festival,

http://www.cavecreekbicyclevestival.com/Bello_Fondo.html

Nov. 19, 2011 El Tour de Tucson, <http://www.pbaa.com/!ETT/ETThome.html>

Dec. 3, 2011 PMBC-GABA Free Ride

Dec. 10, 2011, Jason's Deli on Frye Rd. at the Chandler Fashion Mall.

Jan. 8, 2012 PMBC Casa Grande Century - <http://www.active.com/cycling/chandler-az/casa-grande-century-cgc-2012?int=29-6>

Feb. 18, 2012, Fourth Annual Girls Gone Riding All-Women's Ride, <http://www.active.com/cycling/gilbert-az/allwomen-girls-gone-riding-bike-ride-4th-annual-2012>

April 14-15, 2012 Bike MS Ride The Vortex – Sedona Verde Valley ride

http://bikeaza.nationalmssociety.org/site/TR/Bike/AZABikeEvents?fr_id=17649&pg=entry

PMBC Elections Info – December Quarterly Free Breakfast Meeting, Dec. 10

The nominating committee is pleased to provide the following members for officers for the 2012 year.

Running for President: Ken St. John

Running for Vice President: Kevin Peffley

Running for Treasurer: Wendell Hollinshead

Running for Secretary: Jennifer Siart

The formal acceptance and voting for these members will take place during the December Quarterly Breakfast on Saturday, Dec. 10, 2011!

No Bike Left Behind...

Undoubtedly you know Sue McFadden, the darling of the Saturday Kiwanis Park rides. If you are new to the rides or to PMBC, she is there week after week sharing her love of cycling with all who rolls in. Here is her offering of the August/September weekly ride schedule, some ride recaps and of course, some Tidbits...

By Sue McFadden

Coming up...

Saturday 11/12/11 7:30am Kiwanis Park

The Tour de Sue takes us south, with options of 28 miles or 36 miles, with no climbing. Breakfast at AZ Bread, southeast of Elliot & Kyrene.

Saturday 11/19/11 7:30am Kiwanis Park

We head north to Mummy Mountain, route options of 31 miles with a couple of climbs or 40 miles with additional climbing. Breakfast at Einstein's, northwest corner Guadalupe & McClintock.

Thursday 11/24/11 7:30am Kiwanis Park

Our annual tradition continues, with a pre-feast romp over to the quiet streets of Lehi. Route options of 27 miles or 35 miles, no climbing. Breakfast at Einstein's, northwest of Guadalupe & McClintock.

Friday 11/25/11 7:30am Kiwanis Park

Just say no to shopping, and pedal off that pie, with a route to the southeast. Details on this adventure will appear when we have them figured out.

Saturday 11/26/11 7:30am Kiwanis Park

Tour de Mesa takes us to the northeast, with route options of 29 miles or 39 miles, no climbing. Breakfast at Paradise, southeast of Guadalupe & McClintock.

Tid bits...

For those in the club from the northern realm, the City of Scottsdale sends the following message:

"You are cordially invited to join us for the Bicycle Friendly Community Award Presentation"

This will be a gathering to celebrate the city's acceptance of the Gold Bicycle Friendly Community designation from League of American Bicyclists Advocacy Director Walter Finch and the completion of the bike underpass.

Gather this Thursday, Nov. 10 at 7:30 am at the northwest corner of Chaparral and Hayden roads, on grass area near bike underpass. Feel free to ride your bike, otherwise suggested parking is at the eastern edge of the Safeway Shopping Center parking lot, near Baker Bros and Blockbuster Videos."

Volunteers Needed!

Free Ride – Dec. 3, 2011 Contact Sue at suemcfadd@att.net

And, from our very own bicycle friendly Sunday morning ride leader Glen Fletcher, who deserves gold award himself, the call is out for enthusiastic worker bees to staff Free Ride on Saturday December 3rd. We need somebody to run sign-in before the ride, a SAG vehicle with a not so saggy driver, a pair of expert PBJ sandwich makers to work the rest stop, and somebody to help with the catered lunch set up for post ride. If you haven't worked at any PMBC hosted event in 2011, this is your moment. Zing a note to suemcfadd@att.net .

Casa Grande Century – Jan. 8, 2012

As the fall days grow cooler, winter is creeping in, as is the biggest PMBC annual event... the Casa Grande Century, thus a call for volunteers. Registration has an ample number of wonderful volunteers, however there is still a need for two (2) SAG support vehicles (which must be able to carry 2-4 bikes and riders). Two volunteers each are needed at the first, second and last rest stops.

There is a great need for volunteers at the lunch stop in CG from 8-noon and 11-3P.

Your help at any of these sites would be very much appreciated. I have broken down the day into 3-4hr shifts to make it more appealing for our volunteers. The first rest stop is 8-11A. The second rest stop needs help from noon-3P. The last rest stop needs two volunteers from 2-5P (you could ride the metric route then volunteer:-)
Thank you in advance for volunteering for the biggest PMBC event. I look forward to hearing from you.

Julie (Jules) Moore
Event Coordinator
Casa Grande Century 2012
Lv2bike@hotmail.com
520-836-3818

Girls Gone Riding All-Women's Ride – Feb. 18, 2012

This is not a PMBC event, but volunteers are needed for help with SAG, rest stops and set-up and break-down.
Saturday, Feb. 18, 6 AM
Sheryl@girlsgoneriding.org

Casa Grande Century – January 8, 2012

www.active.com

The 2012 Casa Grande Century, sponsored by Phoenix Metro Bicycle Club will be held in January.

Casa Grande Century

Date: Sunday, January 8, 2012

Time: 8am - 9:30am

Location: Safeway NE Corner Alma School and Chandler Heights 4970 South Alma School Road Chandler, AZ

Length and Terrain: Options!

- * 34 miles, out-and-back, flat
- * 62 miles (metric century), out-and-back, a slight hill
- * 102 miles (century), loop and mostly flat

Registration Time: 8:00am - 9:30 am

All century riders are requested to depart by 8:30 am.

All other riders depart by 9:30 am

Fees are for registration **prior to January 1, 2012**

Fees after that date are **\$10** more

PMBC and GABA members:

Century/Metric Century \$20

34-mile ride \$15

Non-members:

Century/Metric Century \$30

34-mile ride \$20

Maps will be available at the start.

To Register:

Mail your check and registration to
PMBC P.O. Box 26788, Tempe, AZ 85285

OR

Register Online www.active.com

An additional fee will be charged for online registration.

All riders will be required to sign a waiver.

Volunteer SAG vehicles will be patrolling the route. Minor mechanical support will be provided as is practical.

Questions: Ride Director:

Jules More

lv2bike@hotmail.com

520 836-3818

Plans for the 2012 Casa Grande Century are under way. We have once again secured Safeway as the Start/Finish for our event that will be on Sunday, Jan 8, 2012. Registration will open Oct. 1st online at active.com . Registration forms will be available on line at our club website www.pmbcaz.org and through the monthly club newsletter.

Prices shall remain the same for century and 62-mile riders. PMBC and GABA members at \$20 before Jan. 2, 2012 and \$30 after that and on the day of registration. Fee for non-members will be \$30 before January 2, 2012 and \$40 after that and day of registration. Prices for 34-mile riders is \$15, \$25, \$20, and \$30 respectively.

There are three routes: 100-mile century, 62-mile metric century and a 34-mile ride. There will be rest stops, SAG support and a hot lunch at Dave White Regional Park in Casa Grande for the century and metric century riders.

This ride is a great first century or metric century. The terrain is flat, the roads have low traffic, and if history repeats itself, the weather will be sunny with a high of 70. What more could you want?

How about SAG stops with water, fruit and snacks, and the century and metric riders get a hot lunch at Dave White Regional Park in Casa Grande? You'll also get a route map.

There are three ride options: A Full Century (100 miles), a Metric Century (62 miles) and a 34-mile ride. The 34-mile ride is out-and-back and flat. The 62-mile ride is out-and-back, with a slight hill. The 100-mile ride is mainly a loop and flat.

Please bring enough spare tubes for your ride. There will be SAG and sweep vehicles on all routes to assist you. The sweeps are also available for the weary and downtrodden!

Please see full-color brochure on next two pages!

Registration Options:

By web:

Go to www.active.com
Put "Casa Grande Century" in the search
box and follow directions.

By mail:

Get registration forms, waiver forms,
and more at:
www.pmbcaz.org

Mail completed forms and ride fee check
(payable to: *Phoenix Metro Bicycle Club*) to:

Phoenix Metro Bicycle Club
P.O. Box 26788
Tempe, AZ 85285-6788

Day of Ride:

Show up the day of the ride and register
before departing



This ride is supported by:



Gilbert: N/E Corner Gilbert and Guadalupe
480-892-1315
Chandler #1: S/E Corner Arizona Ave. and
Pecos 480-782-8342
Chandler #2: S/E Corner of Ray and the 101
480-899-3625

This ride is supported by:



1546 E Florence Blvd
Casa Grande, 85122
520-836-1028

and many other Valley locations

This ride is supported by:



1148 E. Florence Blvd, Suite 4
Casa Grande, AZ 85122
520-836-0799

2012 CASAGO GRANDE CENTURY



The Phoenix Metro
Bike Club presents
the 2012

Casa Grande Century Bike Ride

Sunday, January 8, 2012



This ride is supported by:



SAFeway

4970 S. Alma School Rd.
Chandler, AZ 85248
Phone: 480-883-0255

and many other Valley locations



**Phoenix
Metro
Bicycle
Club Logo**

Polar Bottle®
with PMBC logo
given to the
first 200
registrants!

Sign up today



**CASA GRANDE CENTURY
JANUARY 8, 2012**

Length and Terrain: Options of:

- 33 miles, out-and-back, flat, or
- 60 miles (metric century), out-and-back, a slight hill, or
- 102 miles (century), loop and mostly flat.

Route maps available only on the day of the ride.

Starting Point: Safeway store at 4970 S Alma School, Chandler, NE Corner of Alma School and Chandler Heights. Please park at the edges of the lot so we don't block Safeway customers.

Directions: from Phoenix or Tucson: take I-10 to the Riggs Road exit 167 and head 3 miles east to Alma School. Turn north (left) for one mile to Chandler Heights. From Chandler, Tempe, Mesa, Scottsdale: Take Loop 101 to the southern Loop 202, heading east. Exit Alma School Road and turn south (right) four miles to Chandler Heights Road.

Registration Time: 8:00 to 9:30 am. **Note:** All 102-mile riders are requested to depart by 8:30AM.

Support: A limited number of vehicles will be available to collect those suffering from physical, mechanical or mental break-downs. Limited mechanical help will be available at the Start/Finish at a booth supported by Global Bikes mechanics, as well as along the route.

Other Questions: E-mail ride director Jules Moore at y2bike@hotmail.com or call 520-836-3818.

Ride will be held, rain or shine!



Ride Fees:	PMBC and GABA Members		Non-Members	
	Registration received prior to 1/12	After 1/12	Registration received prior to 1/12	After 1/12
Century Route (102-mile) or Metric Century Route (60-mile)	\$20	\$30	\$30	\$40
33-mile Route	\$15	\$25	\$20	\$30
Tandems	ADD \$15			



Make checks payable to PMBC, and mail to: PMBC, PO Box 26788, Tempe, AZ 85385-6788. Or, register on-line at www.active.com for an additional fee. All riders agree to sign the RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT at registration. If riders decide not to sign the agreement, they will not be permitted to register. A copy of the agreement and further ride information can be seen on the PMBC website at www.pmbc.org



Look for our new brochure in the Oct newsletter for many more details!

If you would like to be one of our wonderful volunteers for the biggest PMBC event please contact Armando Charvet at armando.charvet@gmail.com.

PMBC Supporting Members

PLEASE PATRONIZE OUR SUPPORTING MEMBERS...

- ♻️ **S.W.E.A.T. Magazine:** Fitness articles, gear reviews and event schedules. Available free in bike shops and fitness centers around the Valley. <http://www.sweatmagazine.com>
- ♻️ **FITNESS PLUS:** Available in bike shops and fitness centers throughout the Valley, <http://www.fitplusmag.com>.
- ♻️ **GLOBAL BIKES:** Two stores, Guadalupe and Gilbert or Arizona Avenue and the 202 San Tan. www.globalbikesbikeshop.com
- ♻️ **LANDIS CYCLERY:** 1006 E Warner, Tempe (480) 730-1081, 2189 E Southern Ave, Tempe (480) 839-9383, 712 W Indian School Rd, Phoenix (602) 264-5681, 10417 N Scottsdale Rd, Scottsdale (480) 948-9280. Specialized, Trek, Kestrel, Fisher, Thule bikes and accessories, <http://landiscyclery.com/>
- ♻️ **JAVELINA CYCLES:** Chandler Blvd and 48th St, SW corner, next to Va Bene restaurant and the new Gelato shop. (Ahwatukee) (480) 598-3373. Titus, Raleigh, Fuji, Felt bikes, and more. www.javelinacycles.com
- ♻️ **DNA CYCLES:** 2031 N Power Rd, #10, Mesa, AZ (480) 924-2453 and 7077 E. Mayo Blvd. suite 100, Scottsdale, AZ (480) 515-2454 <http://dnacycles.com/index.cfm>
- ♻️ **TEMPE BICYCLE:** 330 W. University, Tempe (480) 966-6896, <http://tempebicycle.com/index.cfm>
- ♻️ **BIKE DEN:** 4312 W Cactus, Glendale (623) 938-0989. Bianchi, Litespeed, LeMond, Gary Fisher, Univega, and recumbents. <http://bikedenaz.com/>
- ♻️ **MIKE'S BIKE CHALET:** 5761 E Brown Rd, Mesa (480) 807-2944. Cannondale, Giant, road & mountain. <http://www.mikesbikechalet.com/>
- ♻️ **BIKESMITH CYCLE & FITNESS:** 723A N Montezuma, Prescott (928) 445-0280. Schwinn, Specialized, <http://www.bikesmithcycle.com/>
- ♻️ **ROUND TRIP BIKE SHOP:** 1148 E. Florence Blvd., Suite 4, Casa Grande, AZ 85222, (520) 836-0799, Matthew Wallin, Owner, www.roundtripbikeshop.com

***Supporting members provide annual financial support to PMBC/West Valley/Prescott clubs through event proceeds, raffle prizes (including goods and services), ride support and technical assistance, volunteer participation in club events, publications of event schedules, in addition to all sorts of support for the cycling community, for which they deserve our support and patronage. When visiting a supporting member, thank them for their support, and let them know that you have seen them listed in our newsletter.

BIKE TRAVEL CASES:

PMBC owns several hard shell bike travel cases for rental at minimal cost to members for up to four consecutive weeks. Eligibility: Club member in good standing for at least three months, refundable deposit required, and there is one of those legal-type rental agreements to be signed. For reservations or additional information, **contact Jack Graham in person via e-mail at jgraham782@aol.com.**

Phoenix Metro Bicycle Club
PO Box 26788
Tempe, AZ 85285

West Valley Bicycle Club
PO Box 8125
Glendale, AZ 85312

Got Jersey?



Check out the jersey and all of the club gear online at: <http://www.pmbcaz.org/jerseydesign.html>
For jersey information, you may also contact Bob Turner at itsjustbob@q.com.