



# THE TAILWIND TIMES

March 2011, Vol. 19, No. 3



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## Editor's Notes: By Sheryl Keeme

**Spring is nearly here...**and bikes are EVERYWHERE! And, with spring comes many bike events, rides and classes. Check out the Coalition's Bike Swap on March 12 at Phoenix Municipal Stadium, catch a Diamondbacks game after a Valley Metro ride to Chase Field with the Great Bike Chase ending with a Bike Expo just before game time. Or, dust off the bike if the temps have kept you in your warm bed rather than bundled up on two wheels. There are several opportunities to train for on this month's calendar of bike rides and events. If you have not been training, chances are you will bow out of the Mining Country Challenge's offering of delightful twists, turns and hills, but if you've been a faithful winter rider, sign up now by checking out this year's challenge at the PMBC website [www.pmbcaz.org](http://www.pmbcaz.org)

**And please! Send your favorite photos from any of the PMBC or other bike events. We'd love to have them in the April Tailwinds.**

Until then, Tailwinds to you all! –Sheryl Keeme [Sheryl@girlsgoneriding.org](mailto:Sheryl@girlsgoneriding.org) or <http://girlsgoneriding.blogspot.com>

## More PMBC Member Comments:

We have decided to publish these comments, suggestions etc. each month. **Have something to say?** Send them through the [www.PMBCAZ.org](http://www.PMBCAZ.org) Website or send directly to Ken St. John, VP, at [Ken\\_stjohn@yahoo.com](mailto:Ken_stjohn@yahoo.com) Thanks to Ken for collecting and sending these. And, thanks to the commentators, this kind of feedback truly helps motivate volunteer-run organizations.

***"Thanks a million to all the officers, ride leaders and members who have made riding with PMBC for the past 10 years, a very enjoyable experience!"***

***"I have been appreciating the club and the rides. One thing you may want to consider is better ride maps. Have you ever used the mapmyride.com route maps? That would work. I know it's easy to print the one's you have for the day of the ride, but for on-line viewing it might work."***

## PMBC Membership Information

We usually update our membership list at the end of the month. When we process the memberships, we'll send you a membership postcard. If you paid and haven't heard back from us by the first week of the next month, or if you have any questions about your membership status, please email Ken St. John at [ken\\_stjohn@yahoo.com](mailto:ken_stjohn@yahoo.com).

**Phoenix Metro Bicycle Club:** Ron Waller, Pres (ronwaller@cox.net); Ken St. John VP & Membership List (ken\_stjohn@yahoo.com), Mike Kirk, Treasurer (mkirk9942@aol.com); Jen Siart, Sec. (jennijr@aol.com); Sheryl Keeme, Newsletter Editor, (602) 369-7452, (Sheryl@girlsgoneriding.org).

**West Valley Bicycle Club: (2010 Officers)** President: John Oplinger – (928) 671-0070 or [JOplinger5200@msn.com](mailto:JOplinger5200@msn.com), Vice President: Eric Kessler – [hogansgoat7@cs.com](mailto:hogansgoat7@cs.com), Secretary: Chuck Gerke (623) 974.9918, [Chuckruthgerke@aol.com](mailto:Chuckruthgerke@aol.com), Treasurer & Membership: Betsy Turner – (623) 979.8110 [bettur@q.com](mailto:bettur@q.com).

**Moving or changing e-mail addresses?** Please let PMBC Vice President Ken St. John know of any change of e-mail address so that his posting notices will find you. [ken\\_stjohn@yahoo.com](mailto:ken_stjohn@yahoo.com)

**Newsletter Deadlines:** The deadline for submissions is the 15<sup>th</sup> of the month prior to publication. Direct submissions may be mailed to the Newsletter Editor c/o Sheryl Keeme, 3354 E. Thornton Ave., Gilbert, AZ 85297. You may e-mail Sheryl at [Sheryl@girlsgoneriding.org](mailto:Sheryl@girlsgoneriding.org). E-mail submissions are currently being accepted in the following formats: Articles in MS-Word or standard e-mail, photographs preferred as jpeg or other common format attachments. Due to space limitations, articles will generally be edited to two pages, or less. While we encourage submissions from club members and guest writers, we reserve the right to decline to publish any submissions, due to content, date of receipt, space limitations, or for any other reason.

**Web resources:** Additional and updated ride schedules and other club information may be found on the Web, including:

**Phoenix/West Valley: At our new web address of [www.pmbcaz.org](http://www.pmbcaz.org)**

**Tucson : [www.bikegaba.org](http://www.bikegaba.org)**

**Prescott: [www.prescottcycling.org](http://www.prescottcycling.org) (e-mail: [pcc@prescottcycling.org](mailto:pcc@prescottcycling.org))**

## Sunrise/Sunset (Phoenix, AZ)

March 1	6:57 am	6:25 pm
April 1	6:16 am	6:45 pm

### March Ride Schedule

\*\*\*Please Note: Helmets are MANDATORY for all rides

\*\*\*Liability Waivers: If Ride Leader asks for riders to sign, and you don't, you are NOT part of the ride

***These rides are associated with PMBC and approved to be promoted as such. All are generally free to members, prospective members and guests.***

**EVERY MONDAY, WEDNESDAY & SATURDAY:** Bike rides are held throughout the West Valley. For information on meeting places, times, etc., call Gene Marchi (623) 546-8112.

**EVERY SATURDAY:** SATURDAY CYCLING – Kiwanis Park, Tempe (SW of Mill & Baseline, across from the sand volleyball courts). 25-40 mile rides with optional breakfast stop. Contact Sue Fassett at (602) 758-0722 or [suefassett@att.net](mailto:suefassett@att.net).

**EVERY SUNDAY:** SPIN CYCLE starting at Desert Breeze Park, located between McClintock & Rural, and Chandler & Ray, on Desert Breeze Pkwy. For more information, contact Glen Fletcher at [wgfletcher@cox.net](mailto:wgfletcher@cox.net).

**START TIMES FOR SATURDAY CYCLING AND SUNDAY SPIN CYCLE:** Jan 8:30 am, Feb 8:00 am, Mar 7:30 am, Apr/May 7:00 am, June-Aug 6:30 am, Sep/Oct 7:00 am, Nov 7:30 am, Dec 8:00 am.

Sunday SPIN from Glen Fletcher--March is upon us, which means a new ride time. Set your alarm clocks, ride time starts at 7:30 AM.

3/6 – 7:30 AM Start – Tour de Gateway Airport – mileage options of 30 or 44 miles. Breakfast at Paradise Bakery – price and Ray Road

3/13 – 7:30 AM – Tour de Lindsay – mileage options of 40 or 54 flat miles. Breakfast at Bogies Clubhouse – Rural and Guadalupe

3/20 – 7:30 AM – Ohcotukee Loop – Ocotillo to Awahtukee. Mileage options of 35 flat, or 40 and 55 hilly miles. Breakfast at Wandas – Beck and Chandler Blvd

3/27 – 7:30 AM - Tour de Scottsdale – mileage options of 44 or 40 miles - Breakfast at Bogies Clubhouse – Rural and Guadalupe

**EVERY SATURDAY: SUN LAKES BICYCLE CLUB** – Starts from the Cottonwood Clubhouse on Robson Blvd between Dobson & Alma School, south of Riggs Rd. (Exit 167 from I-10). 35-40 mile breakfast ride at moderate pace. For information call Bob Prochaska at (480) 895-2601.

**EVERY WEDNESDAY (NEW!!!): WATUKEE WHEELERS** represents the latest expansion of PMBC rides. Start times are generally 6:30-8:00 a.m. The primary ride start is currently **Corpus Christi Church parking lot** (Knox and 36<sup>th</sup> St.), but start locations may vary. Road rides are 25 to 30 miles, at a 12-15 mph average pace (no drop). Contact Roseann Wagner to be added to the ride notice e-mail: [watukeewheelers@gmail.com](mailto:watukeewheelers@gmail.com)

**MONDAY-FRIDAY: PINNACLE PEAK PEDALERS** – Rides of one or more days around the Valley and/or state. For information regarding upcoming rides call Vern Hines at (480) 204-1419.

**Sunday Kokopedalli “No Drop” Rides (20-22 miles, with longer options):**

1st & 3rd Sundays from Chaparral Park, Scottsdale.

2nd Sunday from Kiwanis Park, Tempe.

4th Sunday: **Note – The group is trying several new locations around the East Valley. Contact Kathy Mills for details.**

Ride times and details at <http://groups.yahoo.com/group/kokopedalli> and at [www.pmbcaz.org/rideschedule.html](http://www.pmbcaz.org/rideschedule.html). More info?

Contact Kathy Mills, [kmills67@cox.net](mailto:kmills67@cox.net) (480) 235-5052.

**ARIZONA BICYCLE CLUB** – The Arizona Bicycle Club is a Phoenix-based club that shares ride/event schedules with GABA-Legacy clubs, and we offer member-discounted rates to each other's members for major rides. <http://azbikeclub.com>.

## 19th Annual Mining Country Challenge - 66 and 96 Mile Options

**Saturday, March 19, 2011**

**Sponsored by Phoenix Metro Bicycle Club**

**Stay tuned for more ride and registration information as the ride date draws near.**

Saddle up, Pardner, it's time to hit the trail, and some trail it is!

Register by downloading and mailing in a printed copy of the form with your payment by clicking here:

<http://www.pmbcaz.org/RideFlyers/2011MiningCountry.pdf>

Register on ACTIVE.COM now here: <http://www.active.com/cycling/phoenix-az/mining-country-challenge-2011>

We're not talking about some easy little jaunt into the desert on some mule with no name (apologies to America) with a pick and shovel hung over your shoulder. No siree! However, when you see what you'll be climbing, you may want to reconsider that mule! Or maybe get a mountain goat!

Climb. Climb. Then climb some more. That's the Mining Country Challenge. It's not for everyone, but if you have aspirations to really put your climbing abilities to the test, this is the ride for you. By the end of the 96 mile ride you'll have climbed 7000 feet.

The ride starts in Old Town Superior in the heart of Arizona's mining country. From Superior, you'll go through the Queen Creek tunnel on US 60 (bring your blinking red tail light) and head on toward Miami on the climb nicknamed "Top of the Hill." The road has a narrow shoulder or no shoulder in some spots and it is a two-lane road – please ride single file. The route passes the Inspiration Mine near Globe and then leads southeast out of Globe. Then you tackle a long, 8% grade into the Pinal Mountains to the top of "El Capitan." This is a great place for a rest stop. The downhill into Winkelman is your reward...and the lunch stop after you turn the corner toward Superior (or the Circle K if you prefer).

Out of Winkelman, you'll head north toward Kearny, passing the Ray Mine. The climb culminates in a "hill" called "The End of the World," a 1.5 mile climb that averages 11%. After you make it up that hill, you will think it is the end of the world! From the top it is downhill into Superior.

Again this year we will have the addition of a metric century option (actual distance 66 miles). The route will go from Superior to Winkelman and return. This will be a great route for those who want to test their climbing abilities, but are not certain they can (or want to) ride the full 96 mile route. But don't feel leftout - The cyclists who will be riding the metric century will also have the challenge of surviving the 11% climb up "The End of the World" on their way back to Superior.

For some interesting history of the Kearny / Winkelman / Ray area that you will be riding through, [click here](#).

### WHERE

- Ride starts in Superior, Arizona

- Registration and the Start will take place near the intersection of Main Street and Magma Ave. Look for the signs and the registration table.
- From the Phoenix Metro area take Hwy 60 (Superstition Highway) east to Superior. Exit at the 177 Winkelman exit and head north. Main Street is less than a mile from the exit and where the start will be.
- From Tucson take 77 north to 79 and continue until you get to Hwy 60. Turn east on 60 and exit at the 177 Winkelman exit and head north one mile.
- **Parking:** Main Street and the courthouse on the east end have parking spaces. Or park along a side street.
- The ride finishes at the same location.

**Stay tuned for more ride and registration information as the ride date draws near.**

- **ADDITIONAL INFORMATION** For more information contact email [Charlie Davis](mailto:charlie.davis@cazbike.org) OR [Jack Graham](mailto:jack.graham@cazbike.org).

## Coalition of Arizona Bicyclist Update

**Bob Beane, CoAZ President**

As anyone knows who has crossed over from "simply" being a bicyclist to being a bicycling advocate, there are not enough hours in a day...The more you immerse yourself in this world, the more you find that needs to be done. Possibly, that's one of the reasons for the high rate of burnout among advocates.

Personally, I'm not there, yet...But, I can see how it can happen. So, from time-to-time I tell myself that one of the CAZB's biggest priorities should be to increase membership. In particular, we could benefit from members who can support bicycling advocacy through volunteering time, contributing "above average" donations to fund programs and/or who have connections (political, corporate, large constituencies of a similar mindset, etc.). If you happen to be one of those folks, please contact us and ask the question: "How can I help?" If you know someone who fits that description, we'd like to get to know him or her.

In the interim, here are few activities that the CAZB has been or will be involved in the recent past and future:

- The first (ever, or in a very long while) Phoenix Bicycle Summit will take place on March 19 from 10:00 am to 4:00 pm at the Burton Barr Library in Phoenix. The CAZB will participate, and we're bringing a list of priority projects and policy suggestions for the Phoenix Transportation Department. For more information and to reserve a seat at the table, contact [joseph.perez@phoenix.gov](mailto:joseph.perez@phoenix.gov). (*Editor's Note: PMBC VP Ken St. John will represent PMBC at this summit*)
- The CAZB is currently reviewing and assisting with Arizona's Bicycle Friendly State re-application. Specifically, we are providing feedback to Michael Sanders of ADOT, who is responsible for submitting that application to the League of American Bicyclists.
- We will be helping to publicize and will participate in ADOT's FY 2012-2016 Five Year Transportation Facilities Construction Program process. Tentatively, there are public meetings planned for Sahuarita (March 18), Gilbert (April 15) and Flagstaff (May 11). More to follow...
- We have been involved in proposing "vulnerable user" status for bicyclists and other users of Arizona's roadways and streets in a draft bill before the AZ legislature.
- We are looking to strengthen our relationship with other organizations such as the Livable Communities Coalition, which seeks to achieve livable and sustainable communities via means that include multiple transit and transportation mode opportunities.
- We continue to participate in bike safety and education opportunities (e.g. Kathy Mills and I passed out dozens of bicycle safety pamphlets and manuals to families attending a transportation fair in Ahwatukee last weekend, as well as promoting courses conducted by our LCIs).
- We continue to participate in the Maricopa Association of Governments funding process for bicycle-related infrastructure and educational programs.
- More-and-more, we are responding to regional and national media requests for comment and ideas related to improving the climate for bicycling in Arizona (most recently, we are contributing to an article being written by a journalist at the Cronkite School of Journalism at ASU).
- I could go on and on, but I'm pretty sure I've said enough to give you both a flavor for the opportunities that exist and how increasing the participation in bicycling advocacy opportunities might make a significant difference over time.

So, if you know of someone who is passionate about bicycling (or who commutes or just really enjoys riding), and who has realized that it is time to step up and make some level of contribution to making things better, please send them our way.

Thanks, please ride safely and share the road...

[www.cazbike.org](http://www.cazbike.org)

## Other Coalition News....

The **13th Annual CAzB Bike Swap Meet** will take place in the parking lot across the street (west) from Phoenix Municipal Stadium from 7:00 am - 12:00 pm on Saturday, March 12. There is no cost to buyers, sellers or curious potential purchasers.

In the past, this event has attracted sellers of both new and used bicycle-related goods, and the crowds seem to get bigger each year. Participants should enter from the 56th Street (west) side of the parking lot. For more information, contact **Bob J (602-781-5604) or Peter (602-547-1909)**.

### Mountain Biker Enthusiasts! Volunteers requested

Mountain Bike Association of Arizona races are ahead and volunteers are needed. Below are some of the jobs needed for various Fridays and Saturday through June. If you are interested in helping out, contact Brandee Lepak at 480-231-0834 or email her at [brandeelepak@gmail.com](mailto:brandeelepak@gmail.com).

**Friday** – Equipment Pickup – probably can be done by 2 people – a lot of lifting etc however so 3 better

**Friday** – Venue Setup – 4 – 6 people – need to make sure venue is secure if we have high winds....

**Saturday am** – 6:00 am

***One amazing singer to sing the National Anthem.***

**Parking Official** – 1 – 2

**Registration** – assist with setup completion and registration – 8 if possible – (2 Cashiers, 2 MBAA card, 1 Reg Bouncer, 2 Waiver and Goody Bag handout, 1 Plate assignment for those not previously registered or those who lost their plate, 1 chip timing, 1 leg marking)

**Start Line** – 1 – 2 to assist lining racers up properly

**1 Assist** Mike with timing as necessary – Marathon lap counts if necessary

**2 Assist** with directions for Beg Women and Juniors – 1 at top of hill so they don't go wrong way, 1 at intersection where there could be some cross over back to the bottom of course

We can move people around throughout the day as necessary

**Venue clean up** – 6 People

**Course Sweepers** – 2 – 3 as necessary

### Major Rides/PMBC Events/Meetings

*These rides include PMBC events and meetings, other cycling club and charity events and races, and dates of other cycling-oriented activities. Many require a fee to participate.*

March 8-11, Bike Summit, Washington DC

March 11, Wrigley Field Road Tour Spring Training Charity Ride benefitting World Bicycle Relief ride, Mesa  
<http://www.worldbicyclerelief.org/events/arizona-road-tour.php>

March 12, Diabetes Tour de Cure, American Diabetes Association

<http://www.active.com/cycling/phoenix-az/tour-de-cure-american-diabetes-association-2009>

March 12, Coalition of Arizona Bicyclists 13<sup>th</sup> Annual Bike SWAP, 7 am to Noon, Parking lot across from Phoenix Municipal Stadium, Galvin Parkway, WEST Lot. FREE. [www.cazbike.org](http://www.cazbike.org)

March 13, GABA Sierra Vista Bicycle Classic,

[http://www.bikegaba.org/index.php?option=com\\_jevents&task=icalrepeat.detail&evid=1241&Itemid=27&year=2011&month=03&day=13&uid=1262124020evt30&catid=53](http://www.bikegaba.org/index.php?option=com_jevents&task=icalrepeat.detail&evid=1241&Itemid=27&year=2011&month=03&day=13&uid=1262124020evt30&catid=53)

March 19, Mining Country Challenge, PMBC

March 26-27, Bike MS Round-Up, National MS Society, Arizona Chapter

[http://bikeaza.nationalmssociety.org/site/PageServer?pagename=BIKE\\_AZA\\_homepage](http://bikeaza.nationalmssociety.org/site/PageServer?pagename=BIKE_AZA_homepage)

April 17, Great Bike Chase, Valley-area rides to Chase Field for Arizona Bike Week, The bike safety expo with entertainment, vendors, bike rodeo, prize drawings and more will begin at Chase Field at 10:30 a.m.

April 23, Ride For The Children, <http://www.rideforthechildren.com/register.html>

June 18, PMBC Free Breakfast Meeting



## No Bike Left Behind...

Undoubtedly you know Sue Fassett, the darling of the Saturday Kiwanis Park rides. If you are new to the rides or to PMBC, she is there week after week sharing her love of cycling with all who rolls in. Here is her offering of the August weekly ride schedule, some ride recaps and of course, some Tidbits...

### By Sue Fassett

Coming up...

#### **Saturday 3/5/11 7:30am Kiwanis Park.**

Note the change of start time! We'll head over to South Mountain to see if the wildflowers are out. Route options of 27 miles with a little gentle climbing, 38 miles with moderate climbing, or 39 miles with lots of climbing. Breakfast at AZ Bread, southeast of Elliot & Kyrene.

#### **Saturday 3/12/11 7:30am Kiwanis Park.**

We're off to the northeast on the McKellips Loop, with route options of 28 miles or 37 miles, each with a bit of gentle climbing. Breakfast will be a return to an old location, with a new name, at the Family Cafe (previously Neighbor's Cafe), northwest corner of Guadalupe and Alma School.

#### **Saturday 3/19/11 7:30am Kiwanis Park.**

For those not headed to the Mining Country romp, we'll be taking a kinder and gentler roll to the quiet streets of the Lehi Loop. Route options of 27 miles or 35 miles, no climbing. Breakfast is southwest of Baseline and College, at either Someburro's or USEgg.

### ***Tid bits...***

**March 5--**Leo Roger's family is extending an invite to his friends in the club to join them in a celebration of his life. The gathering will be next Saturday (March 5th) at 10:00am at the Dobson Restaurant. For complete details about the event, head to Leo's website at [www.leosarticles.com](http://www.leosarticles.com) . If anybody is interested in pedaling there as a group, we can meet up back at Kiwanis Park at about 9:15am to head over together.

If you didn't know Leo, or did and these kind of get togethers just aren't your cup of tea, your assignment for that morning is instead to simply ride your bike. Attack the Tower road or just take in the wildflowers. Feel the sun (yes, it will be sunny that morning) and the wind and revel in the ride. Got it? As Leo would say, "Roger that".

**Mining Country--**Details regarding Mining Country are now up and running on the website [www.pmbcaz.org](http://www.pmbcaz.org) . Register now for this great adventure ride coming up on Saturday March 19th, because the early birds this year will be picking up a great bit of riding gear, PMBC arm warmers!

**It stems from this--**Twenty years ago almost all road bikes had similar rims, and because of that a tube was a tube. In today's bicycle market, anything goes on rim design. Even low end bikes are appearing with deep aero rims. It can no longer be taken for granted that a "standard" length stem on a tube will work for the majority of road bikes. If you don't know how long a stem is needed for your style of rim, ask your friendly LBS (local bike shop) and then while you're there stock up on a few tubes with the right length stem. If in doubt, buy more stem than you need. Excess stem sticking out of your rim might look silly, but it's a better choice than not having enough stem to air your tube once you get it installed. Sorry, gentlemen, sometimes size does matter.

**RIDE SAFE.** [www.pmbcaz.org](http://www.pmbcaz.org)

## Casa Grande Recap

Event Coordinator, Julie Moore

It's A Wrap for the 2011 CG100!!!

As the sun rose and began to shine on our anxiously waiting riders, registration opened and they were off and riding as they welcomed dry and mild to moderate temps throughout the day. Many return to ride the first century of the year, here in the valley, while others anticipated testing their skills. Food and snacks were abundant at the rest stops. Riders on the century and metric century had their choice of a warm lunch served by TOM's BBQ from Casa Grande, or their choice of a Subway Sandwich.

A big THANK YOU to Global Bikes for offering two (2) SAG vehicles and tech support at registration. And to Round Trip Bikes of Casa Grande who provided tech support at the lunch stop. Also long time PMBC member Bob Patraska who volunteered tech support at the 85mi rest stop.

A special THANKS to our club members who provided committee support with route planning and marking, essentials for the rest stops, major decisions, and moral support. Another big THANKS to the 60 PMBC club members who

volunteered to buy foods and supplies, and organize and take care of our riders at the rest stops and along the routes. Fantastic job!!

From route mapping and marking and SAG support, to registration and transporting goods, to food, snacks and fluids at rest stops, it took a team of dedicated members who volunteered to make the 2011 Casa Grande Century a BIG success!

THANK YOU ALL So Very Much,  
Jules

## PMBC Supporting Members

### PLEASE PATRONIZE OUR SUPPORTING MEMBERS...

- ☺ **S.W.E.A.T. Magazine:** Fitness articles, gear reviews and event schedules. Available free in bike shops and fitness centers around the Valley. <http://www.sweatmagazine.com>
- ☺ **FITNESS PLUS:** Available in bike shops and fitness centers throughout the Valley, <http://www.fitplusmag.com>.
- ☺ **GLOBAL BIKES:** Two stores, Guadalupe and Gilbert or Arizona Avenue and the 202 San Tan. [www.globalbikesbikeshop.com](http://www.globalbikesbikeshop.com)
- ☺ **LANDIS CYCLERY:** 1006 E Warner, Tempe (480) 730-1081, 2189 E Southern Ave, Tempe (480) 839-9383, 712 W Indian School Rd, Phoenix (602) 264-5681, 10417 N Scottsdale Rd, Scottsdale (480) 948-9280. Specialized, Trek, Kestrel, Fisher, Thule bikes and accessories, <http://landiscyclery.com/>
- ☺ **JAVELINA CYCLES:** Chandler Blvd and 48<sup>th</sup> St, SW corner, next to Va Bene restaurant and the new Gelato shop. (Ahwatukee) (480) 598-3373. Titus, Raleigh, Fuji, Felt bikes, and more. [www.javelinacycles.com](http://www.javelinacycles.com)
- ☺ **DNA CYCLES:** 2031 N Power Rd, #10, Mesa, AZ (480) 924-2453 and 7077 E. Mayo Blvd. suite 100, Scottsdale, AZ (480) 515-2454 <http://dnacycles.com/index.cfm>
- ☺ **TEMPE BICYCLE:** 330 W. University, Tempe (480) 966-6896, <http://tempebicycle.com/index.cfm>
- ☺ **BIKE DEN:** 4312 W Cactus, Glendale (623) 938-0989. Bianchi, Litespeed, LeMond, Gary Fisher, Univega, and recumbents. <http://bikedenaz.com/>
- ☺ **MIKE'S BIKE CHALET:** 5761 E Brown Rd, Mesa (480) 807-2944. Cannondale, Giant, road & mountain. <http://www.mikesbikechalet.com/>
- ☺ **BIKESMITH CYCLE & FITNESS:** 723A N Montezuma, Prescott (928) 445-0280. Schwinn, Specialized, <http://www.bikesmithcycle.com/>
- ☺ **ROUND TRIP BIKE SHOP:** 1148 E. Florence Blvd., Suite 4, Casa Grande, AZ 85222, (520) 836-0799, Matthew Wallin, Owner, [www.roundtripbikeshop.com](http://www.roundtripbikeshop.com)

\*\*\*Supporting members provide annual financial support to PMBC/West Valley/Prescott clubs through event proceeds, raffle prizes (including goods and services), ride support and technical assistance, volunteer participation in club events, publications of event schedules, in addition to all sorts of support for the cycling community, for which they deserve our support and patronage. When visiting a supporting member, thank them for their support, and let them know that you have seen them listed in our newsletter.

### **BIKE TRAVEL CASES:**

PMBC owns several hard shell bike travel cases for rental at minimal cost to members for up to four consecutive weeks. Eligibility: Club member in good standing for at least three months, refundable deposit required, and there is one of those legal-type rental agreements to be signed. For reservations or additional information, **contact Jack Graham in person via e-mail at [jgraham782@aol.com](mailto:jgraham782@aol.com)**.

**Phoenix Metro Bicycle Club**  
PO Box 26788  
Tempe, AZ 85285

**West Valley Bicycle Club**  
PO Box 8125  
Glendale, AZ 85312



## Got Jersey?



Check out the jersey and all of the club gear online at: <http://www.pmbcaz.org/jerseydesign.html>