

# THE TAILWIND TIMES

April 2008, Vol. 16, No. 4

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## It's Bike Month!!! Join in the Celebration...

*Compiled by Bob Beane*

Valley communities are getting on board to participate in the annual nationwide celebration of bicycling. Here is a partial list of Bike Month activities going on in Tempe, Phoenix and Mesa. Please participate in an event near you.

**Arizona Bicycle Conference – Friday, April 4** – Various road cycling and MTB topics will be presented and discussed. This year's keynote speaker is none other than the Executive Director of the League of American Bicyclists, Andy Clarke. 8:00 a.m.-3:30 p.m. at the Interstake Center, 830 E. 2<sup>nd</sup> Ave., Mesa. Call CAzB at 602-686-1302, or e-mail [cazbike@cazbike.org](mailto:cazbike@cazbike.org) for more.

**17<sup>th</sup> El Tour de Phoenix – Saturday, April 5** – Hosted by PBAA, Holualoa and Pierson Construction. See Page 3 for more information.

**Bike-A-Palooza – April 5** - Tempe in Motion, Valley Metro and **Coalition of Arizona Bicyclists** will host the Bike-a-Palooza April 5 from 7 a.m. to 12 p.m. Participants should meet at Kiwanis Park in the parking lot off All-America Way just north of Guadalupe Road. Admission is free. Activities include:

- **Community Ride** - This free leisurely 12 -14 mile community bike ride, is a fun, non-competitive ride that weaves through diverse neighborhoods, public art projects and other Tempe sites. First 300 participants will receive free T-shirts and be entered to win a free bicycle. Registration begins at 7 a.m. and the ride starts at 8 a.m. Helmets are required.
- **Bike Swap Meet** - Buy/sell/trade your new/used bike(s), equipment and accessories. Businesses are required to apply for a special events privilege (sales) and use tax license to participate.
- **Bike Rodeo** – A fun event that teaches bike safety techniques to children and adults.
- **Bike on bus and safety demonstrations** and helmet giveaways (first 100).

**Bike to Work and School Day – April 16** - Tempe's annual Bike to Work and School Day is set for April 16. All riders will receive free breakfast snacks and the first 400 riders will receive free T-shirts. Participants should bike between 6 and 8 a.m. to one of the following breakfast locations:

- **Whole Foods Market**, 5120 S. Rural Road, at the northwest corner of Rural and Baseline roads.
- **Wildflower Bread Company**, 6428 S. McClintock Drive, at the southwest corner of McClintock Drive and Guadalupe Road.
- **Berning's Fine Jewelry**, 1721 E. Warner Road, at the southwest corner of McClintock Drive and Warner Road.
- **Sixth Street Park**, southwest side of City Hall on Sixth Street
- **IKEA Tempe**, 2110 W. IKEA Way, at the northwest corner of Priest Drive and Warner Road

### Community Ride – April 16

Join Mayor Hugh Hallman along with members of the Tempe City Council and Transportation Commission bicycle ride through Tempe. Meet the Mayor at Whole Foods Market at 7 a.m. and bike to Sixth Street Park in downtown Tempe.

### Discounted Bicycle Tune-Ups from April 12 to April 20

Residents are encouraged to stop by the following bicycle stores and receive discounted bicycle tune-ups:

- **Bicycle Wheelers**, 2010 S. Rural Road
- **Domenics Cycling**, 1004 S. Mill Ave.
- **Ehrhardt's Schwinn**, 111 W. University Drive
- **Landis Cyclery**, 2180 E. Southern Ave. & 1006 E. Warner Road
- **REI**, 1405 W. Southern Ave.
- **Tempe Bicycle**, 330 W. University Drive

Tempe Bike Week sponsors include Tempe Bicycle, Valley Metro, Coalition of Arizona Bicyclists, Berning's Fine Jewelry, IKEA, Whole Foods Market, Wildflower Bread Company, Clif Bar, Tempe Bicycle Action Group, Tempe Police Department, Barrow Neurological Institute at St. Joseph's Hospital and Tempe in Motion.

For information on Tempe Bike Month, call Tempe in Motion at (480) 350-2775 or visit [www.tempe.gov/tim](http://www.tempe.gov/tim).

### **The Great Bike Chase – Sunday, April 20**

Join in a three mile ride from Margaret T. Hance Park (1134 N. Central, Phoenix) to Chase Field and then watch the D-Backs play the San Diego Padres, all for \$14. Ride begins at 11:00 a.m. For more info, call 602-262-7433 or visit [www.valleymetro.org](http://www.valleymetro.org).

## **Purposes and Objectives of our clubs:**

- To promote interest and involvement in all aspects of bicycling.
- To schedule field trips, tours and other group riding opportunities for further development of individual cycling skills, and to instill safe riding habits.
- To initiate and publicize all types of bicycling events to attract out-of-state bicyclists to Arizona.
- To provide maps and route information to touring and commuting cyclists and to encourage bicycle use as an energy- efficient, healthful means of personal transportation.
- To provide instruction at all levels of bicycling skill and bicycle maintenance, including on-the-road repairs.
- To publish regularly a comprehensive newsletter of bicycling information about the events of all Arizona bicycle clubs, legislation affecting cyclists, and other cycling related news.
- To promote bicycle racing as a spectator sport and to refer those interested in race participation to local clubs involved in the sport.

### **Questions? Comments? Here's who to call...**

**West Valley Bicycle Club: (2007 Officers)** Jared Williams, Pres (623) 330-0220, Chuck Gerke, Secy (623) 974-9918, Betsy Turner, Treas (623) 979-8110, Gene Marchi, Ride Information (623) 546-8112.

**Phoenix Metro Bicycle Club:** Ron Waller, Pres ([ronwaller@cox.net](mailto:ronwaller@cox.net)); Tom Adams VP & Mailing List ([tla85258@yahoo.com](mailto:tla85258@yahoo.com)), Mike Kirk, Treasurer ([mkirk9942@aol.com](mailto:mkirk9942@aol.com)); Jane Larson, Secy ([jlreports@qwest.net](mailto:jlreports@qwest.net)); Bob Beane, Newsletter Editor, (480) 961-1951, ([marco3@cox.net](mailto:marco3@cox.net)).

**Moving or Changing e-mail addresses?** Please let your home chapter know – The Post Office will not forward the Tailwind times and e-copies won't find you unless we know where you are!!!

**Newsletter Deadlines:** The deadline for submissions is the 15<sup>th</sup> of the month prior to publication. Direct submissions may be mailed to the Newsletter Editor c/o Bob Beane, 4413 E. Graythorn St, Phoenix, AZ 85044. You may e-mail Bob at [marco3@cox.net](mailto:marco3@cox.net). E-mail submissions are currently being accepted in the following formats: Articles in MS-Word or standard e-mail, photographs preferred as jpeg or other common format attachments. Due to space limitations, articles will generally be edited to two pages, or less. We reserve the right to decline to publish any submissions, due to content, date of receipt, space limitations, or for any other reason.

**Web resources:** Additional and updated ride schedules and other club information may be found on the Web, including:

**Phoenix/West Valley: At our new web address of [www.pmbcaz.org](http://www.pmbcaz.org)**

**Tucson : [www.bikegaba.org](http://www.bikegaba.org)**

**Prescott: [www.prescottcycling.org](http://www.prescottcycling.org) (e-mail: [pcc@prescottcycling.org](mailto:pcc@prescottcycling.org))**

### **Sunrise/Sunset (Phoenix, AZ)**

April 1	6:15 a.m./6:49 p.m.
May 1	5:39 a.m./7:12 p.m.
June 1	5:19 a.m./7:34 p.m.

### **New "Rag" On the Block Publishes a "Best Of" Cycling List**

**National Geographic's** relatively new *Adventure* magazine entered the cycling guide fray with its 2008 picks:

- **Best Buy, Road Bike – Schwinn Peloton**, with a nearly identical carbon frame to the \$4,300 race model, the \$1,700 version "delivers snappy performance without the finicky brittleness."
- **Prized Possession – Specialized S-Works Tarmac SL2**, all carbon and weighing in at 14 lbs, with a \$8,500 tag.
- **Visual Aid – Giro Havik Sunglasses**, with lenses certified by camera-glass manufacturer Carl Zeiss. \$139.
- **Weather Guard – Gore Alp-X**, light-weight waterproof, breathable jacket with an extended drop tail. \$139.

## **APRIL RIDE SCHEDULE**

*\*\*\*Please Note: Helmets are MANDATORY for all rides*

*\*\*\*Liability Waivers: If Ride Leader asks for riders to sign, and you don't, you are NOT part of the ride  
(Includes most major club/event rides. For a more comprehensive ride schedule visit [www.sportsfun.com](http://www.sportsfun.com))*

### **REGULAR CLUB RIDES (generally free to members, prospective members and guests)**

**EVERY MONDAY, WEDNESDAY & SATURDAY:** Bike rides are held throughout the West Valley. For information on meeting places, times, etc., call Gene Marchi (623) 546-8112.

**EVERY SATURDAY:** SATURDAY CYCLING – Kiwanis Park, Tempe (SW of Mill & Baseline, across from the sand volleyball courts). 25-40 mile rides with optional breakfast stop. Contact Sue Fassett at (602) 758-0722 or [suefassett@att.net](mailto:suefassett@att.net).

**EVERY SUNDAY:** SPIN CYCLE starting at Desert Breeze Park, located between McClintock & Rural, and Chandler & Ray, on Desert Breeze Pkwy. For more information, contact Glen Fletcher at [wgfletcher@cox.net](mailto:wgfletcher@cox.net).

**START TIMES FOR SATURDAY CYCLING AND SUNDAY SPIN CYCLE:** Jan 8:30, Feb 8:00, Mar 7:30, Apr/May 7:00, June-Aug 6:30, Sep/Oct 7:00, Nov 7:30, Dec 8:00.

**EVERY SATURDAY:** SUN LAKES BICYCLE CLUB – Starts from the Cottonwood Clubhouse on Robson Blvd between Dobson & Alma School, south of Riggs Rd. (Exit 167 from I-10). 35-40 mile breakfast ride at moderate pace. For information call Bob Prochaska at (480) 895-2601.

**MONDAY-FRIDAY:** PINNACLE PEAK PEDALERS – Rides of one or more days around the Valley and/or state. For information regarding upcoming rides call Vern Hines at 480-204-1419.

**Kokopedalli “No Drop” Rides (20-22 miles, with longer options):** Ride locations include Scottsdale (Chaparral Park), Mesa (Gene Autry Park ) and Ahwatukee (various). Website: <http://groups.yahoo.com/group/kokopedalli> Get emailed ride reminders by sending a blank email to [kokopedalli-subscribe@yahoo.com](mailto:kokopedalli-subscribe@yahoo.com) For more info contact Kathy Mills at [khendricks67@earthlink.net](mailto:khendricks67@earthlink.net) or 480-235-5052 for details. See <http://www.sportsfun.com/gaba/rideschedule.html> for ride schedule.

**ARIZONA BICYCLE CLUB** – The Arizona Bicycle Club is a Phoenix-based club that shares ride/event schedules with GABA clubs, and we offer member-discounted rates to each other's members for major rides.

### **MAJOR RIDES/EVENTS UPCOMING IN ARIZONA OR NEARBY LOCALS (most involve a rider registration fee or donation)**

**April 5 (Sat) – PBAA – 17<sup>th</sup> Annual El Tour de Phoenix – Mesa** - 74 or 25 miles around Red Mountain in the East Valley. [www.perimeterbicycling.com](http://www.perimeterbicycling.com) or 520-745-2033.

**April 19 (Sat) – Rosarito to Ensanada** – 50 miles, into Mexico...Head to Baja California with 7,500 of your closest friends for this award-winning 50 mile bicycle ride along the Pacific Coast and inland through rural countryside from Rosarito Beach to Ensenada. Then party at the legendary Fiesta Line Fiesta on the Ensenada waterfront with live Rock-n-Roll until sunset! For more info, visit [www.rosaritoensanada.com](http://www.rosaritoensanada.com).

**April 20 (Sun) 11th Annual Ride for the Children** - The Ride for the Children is a benefit ride for The Real Gift Foundation for Homeless Children. Check-in starts at 7:00 a.m. and the ride begins at 8:00 a.m. from Horizon High School at 56th Street and Greenway Road in Scottsdale. 10 mile, 25 mile, and 65 mile options are available. For more ride and registration information visit the [Ride for the Children website](#).

**April 25-27 (Fri-Sun) 25th Annual Answer to the Challenge – PMBC/Landis Cyclery** - At 325 miles, Answer to the Challenge will confront you with three consecutive days of century riding with over 22,000 feet of climbing. The route takes you from Scottsdale to Strawberry on day one. Day two continues on to Prescott over Mingus Mountain. Day three takes you from Prescott back to Scottsdale. The scenery along the way is some of the best that Arizona has to offer. This is a ride for serious, well-trained athletes, only. For more ride and registration information see [Major Events](#).

**April 27 (Sun) – PBAA – 22<sup>nd</sup> Tour of the Tucson Mountains – Marana** - 70 or 27 miles around the Tucson Mountains. [www.perimeterbicycling.com](http://www.perimeterbicycling.com) or 520-745-2033

**May 3 (Sat) 10th Annual Sedona Century Bike Tour - . Absolute Bikes** The 10th Annual Sedona Century Bike Tour is coming May 3, 2008. This unique ride tours the beautiful Sedona/Verde Valley of Northern Arizona and offers 3 routes: Metric Century, 47 mile and 33 mile distances. For info, maps & online registration go to [www.sedonacentury.com](http://www.sedonacentury.com) or call (928) 634-7869. Supporting The Old Town Mission, serving low-income poor and homeless in Northern AZ

**May 3-4 (Sat-Sun) Salt River Canyon Bike Ride – GABA Tucson** - The Salt River Canyon ride is a challenging two day ride from Globe to Show Low and back. 85 or 60 miles each day. Very scenic and hilly ride for experienced cyclists. For more information visit [GABA Tucson](#).

**May 24-26 (Sat-Mon) Luna Lake Tour - GABA Tucson** - The Luna Lake Tour is a 3-day loop ride over the Memorial Day weekend. The tour is a moderately difficult ride in the scenic pine forests and mountains in eastern Arizona and western New Mexico averaging about 65 miles a day on lightly traveled roads. On Saturday you'll ride from Springerville, AZ to Quemado, NM. On Sunday the tour will take you from Quemado to Reserve, NM. And then on Monday you'll ride from Reserve back to Springerville. For more information visit [GABA Tucson](#).

**June 1 (Sun) Mt. Hopkins Hill Climb – GABA Tucson** – Test your climbing abilities. Amado, AZ. For more information visit [www.bikegaba.org](http://www.bikegaba.org) or call 520-625-3640.

**June 14 & 15: NEW OVERNIGHT RIDE: ESCAPE TO THE HIGH COUNTRY!** Shorter & longer options: something for everyone! Longer ride: Clints Well-Flagstaff. Organizer: Suzanne Couvrette, [update-editor@bikegaba.org](mailto:update-editor@bikegaba.org), (520) 891-4661.

**July (TBA) White Mountain Tour – PMBC** – Check the web site and future newsletters for date and details.

#### **Planning Ahead - Some Other Well-known or “Classic” Rides outside of Arizona to Consider:**

- **Wildflower Century – April 27** – 100 or 65 (Mildflower) miles. Bicycling Magazine “Top 10” [www.chicovelo.org](http://www.chicovelo.org).
- **Wine Country Century – May 3** – Santa Rosa Cycling Club. [www.srcc.com](http://www.srcc.com) Registration/details available 2/1/2008.
- **Great Western Century – May 25** – Full or metric. Paso Robles, CA. [www.greatwesternbicyclerally.com](http://www.greatwesternbicyclerally.com)
- **Santa Fe Century – May 18** – 25, 50, 75, 100 miles. Packet pick-up is Saturday, May 17. [www.santafecentury.com](http://www.santafecentury.com).
- **Ride Around the Bear – June 7** – Redlands, CA. [www.active.com](http://www.active.com).
- **Bicycle Tour of Colorado – June 22-28**. Six peaks from 8,000-11,000 ft. [www.bicycletourcolorado.com](http://www.bicycletourcolorado.com).

**League of American Bicyclists Annual Rally:** The 2008 Maine Bike Rally, which will be held July 11-13, 2008 in Fryeburg, Maine. Click the following link to register online. [http://www.bikemaine.org/store/mbr\\_register\\_select.htm](http://www.bikemaine.org/store/mbr_register_select.htm)

The League of American Bicyclists has chosen the Maine Bike Rally as the site of the National Bike Rally, and about 500 cyclists from throughout the country are expected to attend. This three-day event features more than 30 rides to choose from both off-road and on-road, some as short as five miles, others 100 miles long. They wind along country lanes, on forest trails and through scenic valleys in western Maine and the White Mountains area of New Hampshire. Historic Fryeburg, Maine will host the 2008 rally.

Camping, food (including big breakfasts, picnic lunches and all-you-can-eat dinner), all rides, entertainment, and a bike rally T-shirt are included in the affordable, weekend price. All the bike rides are designed to take in the splendor of the region hosting the Maine Bike Rally. In addition to rides, participants enjoy the Maine Bike Expo--with a myriad of cool bikes on display--an Ice Cream Social, an awards ceremony, and other activities. In addition to excellent on-road and off-road riding, participants can take part in other activities, including canoeing, hiking, swimming and visiting museums in the hosting region.

LAB hopes to see you there! Click the following link to register online. [http://www.bikemaine.org/store/mbr\\_register\\_select.htm](http://www.bikemaine.org/store/mbr_register_select.htm)

### **Mining Country Century Recap**

*By Charlie Davis*

Wow we had a great turnout and ride yesterday!!! There were 48 preregistered riders and 82 walkups for a total of 126 signed in riders. MY hat is off to all who worked to make this happen. THANK-YOU, again! We had many positive comments on our ride concerning the give away insulated bottles, Sub sandwiches and the most important having great people working in their support enabling them to just ride and enjoy. At this time we need to turn in and all receipts for reimbursement as we can close the financial books on this ride this week. I'm looking to close out on this issue on this coming Saturday March 29.

For next year, I will be putting together a folder of updated contacts and a check list to streamline our devolvement procedures. Thinking ahead for next year, several local people who rode on Saturday have expressed a desire to become more fully involved in our ride and gave me some phone numbers to contact them and let them help us. Thanks again! cd

Comment from Prez Waller: “On behalf of the Board, and all the members, thanks for a great job. I heard many good comments during the ride about the sincere effort and support put into making the ride a success. You guys did a great job.”

## Trek Bicycle Founder Dies at 73

As reported by The Associated Press, Richard "Dick" Burke, founder of the Trek Bicycle Corp died on March 10 from complications related to heart surgery. Burke started the well known bicycle company in a red barn in Waterloo, Wisconsin in 1976, after being unable to find any higher-end bike he could distribute in the United States. Trek, of course, became famous for the carbon fiber bikes ridden by Lance Armstrong in his string of seven Tour de France wins.

John Burke, the company's president, said of his father "He always wanted to build the best bicycle company in the world and he did it. Every time he saw a Trek (on the road), he smiled." The company is also known for several other major brands it has developed or acquired, including Gary Fisher, Klein and LeMond. Trek sells about 1.5 million bicycles per year, totaling about \$700 million in sales. Among Richard Burke's more memorable life experiences were completing five NYC marathons, three Boston marathons and being in France for Lance Armstrong's first Tour de France victory.

## Did you know?

- The 1979 movie "**Breaking Away**" features the **Little 500 bicycle race**, which has been held annually on the campus of Indiana University since 1951. The race began as a fund-raiser for scholarship money for working students, and was the brain-child of Howard S. "Howdy" Wilcox, whose father won the Indianapolis 500 auto race in 1919...The August 4, 2003 issue of Sports Illustrated named "Breaking Away" #8 on a list of Top 50 sports movies of all time.
- The world record for **slow cycling** is held by Tsugunobu Mitsuishi of Tokyo, Japan, who was stationary on a bicycle for five hours and twenty-five minutes.
- The only American cyclist to have won a stage in all three Grand Tours (Italy, Spain and France) is...**David Zabriskie**.
- The largest multi-rider bicycle ever manufactured was nearly 67 feet long and accommodated 35 riders.
- **Cannondale Bicycles** had its start in 1971 in a cramped loft above a pickle factory, where the bicycle industry's first bicycle trailer was conceived and manufactured. Cannondale introduced their first touring bicycle in 1983, and their first racing bicycle in 1984. Today, they sell over 80 models in 70 countries worldwide.
- At St. Helen's School in Newbury, Ohio, unicycling is a mandatory subject, and students are **allowed to ride in the halls** between classes.
- **The first American woman to win a world cycling title was Sheila Young** of Detroit, Michigan. She won the women's World Road Racing championship in 1973, just six months after winning the world 500 meter speed skating championship. Her brother, Roger, was a member of the US cycling team in the 1972 Olympics.

## Trivia Test (Answers on Page 6)

1. Which of the following American riders has the most professional victories: (a) **Greg LeMond**, (b) **Davis Phinney**, (c) **George Hincapie**, (d) **Lance Armstrong**?
2. In his first European professional race, this American was the final finisher. Just two years later, the same cyclist returned to win the very same **San Sebastian Classic in 1993**. Who was he?
3. In 1984, this American cyclist won the **Olympic Road Race Gold Medal**, the first for the USA since 1912. Who was he?
4. This cyclist is a multi-time winner of the **El Tour de Tucson** and raced for the US in the **Olympics** when he was over 40 years old. Who is he?
5. Name the **two American cyclists** who have finished on the podium in the **Giro d' Italia**?
6. In winning the **1999 Tour de France**, Lance Armstrong also set a new record for highest average speed in the race. Was it: (a) 38.85 kph, (b) 40.27 kph, or (c) 42.10 kph?
7. Match the following **nicknames** with the rider to whom each was given:

Big Mig	Eddy Merckx
The Champion of Champions	Bernard Hinault
Mr. Paris-Roubaix	Lance Armstrong
The Lion King	Marco Pantani
The Badger	Miguel Indurain
The Boss	Fausto Coppi
The Cannibal	Raymond Poulidor
King of the Classics	Roger De Vlaemick
The Pirate	Mario Cipolini
Eternal Second	Rik Van Looy

## Race Dates for Major Events in 2008 (Live/Web Broadcast Dates and Tentative Versus TV Date/Time):

- **Tour of Flanders** – Sunday, April 6 (Web: [www.rvv.be](http://www.rvv.be))
- **Paris-Roubaix** – Sunday, April 13 (Versus: 5 pm ET, Sunday, April 20)
- **Fleche-Wallone** – Wednesday, April 23 (Versus: 5:30 pm ET, Sunday April 27)
- **Liege-Bastogne-Liege** – Sunday, April 27 (Versus: 5:00 pm ET, Sunday April 27)
- **Giro d' Italia** – Saturday, May 10 thru Sunday, June 1 (Versus: Weekly coverage at 4 pm or 3 pm ET, each Sunday from May 11 thru June 1)
- Inaugural **Tour of Pennsylvania** Espoirs (under 25) TdF-style race – Versus: 3 pm ET, Sunday, June 29
- **Tour de France** – Saturday, July 5 thru Sunday, July 27 (Versus: TV schedule not yet posted)
- **Vuelta a Espana** – Saturday, August 30 thru Sunday, September 21 (Versus: 5 pm ET, Sunday, September 21)
- **Paris-Tours** – Sunday, October 12 (Versus: 4 pm ET, Sunday, October 12)
- **Giro di Lombardia** – Saturday, October 18 (Versus: 4 pm ET, Sunday, October 19)

The full **UCI racing schedule for 2008** is available at [www.cyclingnews.com](http://www.cyclingnews.com).

## Trivia Test Answers

1. Davis Phinney retired with 300+ professional racing wins, including two TdF stage wins, the Coors Classic and a US Road Cycling Championship.
2. Lance Armstrong.
3. Alexi Grewal.
4. Kent Bostick (nicknamed "Bostasaurus" by the younger riders, who marveled at a rider racing at that level at that age).
5. Andy Hampsten (1<sup>st</sup>) and Tyler Hamilton (2<sup>nd</sup>).
6. (b) 40.27 kph.
- 7.

Big Mig	Miguel Indurain
The Champion of Champions	Fausto Coppi (the first post-WWII super-hero of cycling)
Mr. Paris-Roubaix	Roger De Vlaeminck
The Lion King	Mario Cipolini
The Badger	The tenacious, persistent Bernard Hinault
The Boss	Lance Armstrong (ruler of the peloton in the Tour de France)
The Cannibal	Eddy Merckx (devoured riders and races like no other...best ever on two wheels)
King of the Classics	Rik Van Looy (first to win all five major Classics)
The Pirate	Marco Pantani
Eternal Second	Raymond Poulidor (2 <sup>nd</sup> , Tour de France three times...to Merckx and Anquetil)

## New Phoenix Metro Bicycle Club Apparel – Order in Progress *By Ron Waller*

The newly redesigned PMBC apparel is now available for purchase! The short sleeve jersey price will be \$60 if you order and pay prior to the end of March. After that date, the price will be \$65. The Manufacturer is Primal Wear. We hope to have them delivered in approximately 10-12 weeks.

The design is an update of our current jersey, yet keeps the tradition and our colors. The new logo (our first!) has been added and our web address has been updated. In addition, GABA (which is now only officially/legally associated with our friends in Tucson) has been removed from the jerseys. Since we are members of the League of American Bicyclist's (LAB) and the Coalition of Arizona Bicyclist's (CAzB) their logos have been updated on the shoulders. Everyone who has seen the design has liked it. I am confident that once you see it, you will definitely want one to proudly wear.

We would also like to offer other popular items, however certain minimums must be met to make it feasible. These will be done to match the jersey and will give you a complete "kit." We have to order 12 of each. So if you want one, please bring a check with your completed order form to the next ride, or mail it to us. The additional items are:

- Long Sleeve jersey (\$70 / \$80)
- Wind vest (\$65 / \$75)
- Shorts (\$65 / \$75) or Bibs (\$75 / \$85). These are 8 panels, high quality and will be available with a women's chamois if requested. It is very important that you specify BIBS or shorts when ordering. Women's comes only in shorts.
- Arm Warmers ( \$25 / \$30)

Bring your check book (or cash) and the completed form, or mail to the PMBC P.O. Box ASAP. If you would like the items shipped to you, add a measly \$5 and you won't even have to worry about picking it up.

The [order form](#) and [pictures](#) are now on the web site.

## League of American Bicyclists – Update Excerpts

- Record Number of BFC Applications -Bicycle Friendly Community program reviewers have the pleasant task of reviewing a record number of applications for recognition in the latest round of awards. Almost 40 communities have applied – 26 for the first time, 13 to get their earlier designation renewed or upgraded. “The only time we had more new applicants,” according to program director Bill Nesper, “was the very first round of applications for the revamped program in 2003 when we asked the more than 50 communities designated under the old program to re-apply.” The results will be announced before the kick-off of National Bike Month in May.
- Chicago Passes Ordinance to Protect Cyclists - Chicago cyclists are cheering passage of a significant local ordinance promising much greater protection from motorists. The legislation – endorsed by the Mayor and city Department of Transportation – was passed on March 12 and prohibits opening a door into moving traffic; sets a three-foot minimum passing distance; increases fines for parking in a bike lane or marked shared lane; and prohibits motorists from turning right in front of a bicyclist. The ordinance sets a minimum fine of \$500 when these actions lead to a bicycle crash. The provision was a major goal of the 2015 Bike Plan, and was backed enthusiastically by the Chicagoland Bicycle Federation.
- Clarke to Keynote AZ Conference and El Tour de Phoenix - League President Andy Clarke is the featured speaker at the second annual Arizona Statewide Bicycle Conference, Friday, April 4 in Mesa, Ariz. Clarke is joined on the program by LAB super-volunteer Richard Moeur – our representative to the National Committee on Uniform Traffic Control Devices (NCUTCD).

## Membership Update

Tom Adams provided this membership update, as of March 4, 2008, for activity in the first two months of this year. Membership forms are available on the PMBC web site, and should be mailed with check to the PMBC P.O. Box or delivered to Treasurer Mike Kirk. For any questions or corrections regarding the status below, please contact Tom Adams.

### Welcome to New Members:

Marianne Ames, Brian Buckmaster, David Fales, Ed Godinez, Dave Goldner, Tiffany Graves, Larry Grisham, Bob Hardin, Daniel Hautman, Mike Hobin, Melody Lewis, Tom Morice, Laura Nagy, Bill Olsen, Bud Polley, Lori Rabot, Jennifer Ruitter, Herb Stephan, Szaboics Szelingier (we need your email address!), John Wilhere, John Bookhout, Pam Cissik, Moira Curtis, Robert Evans, Heidi Hilton, Colleen Leppert, James Stephan, Joe Velut

### “Glad you're back” to Renewing Members:

Don Adams, David Burns, Jon Christopher, Wayne Churchman, Suzie Culver, Mike Enfield, Paul Gundlach, Cathy Hawse, Mark Jacoby, Howard Kelly, Sean Lozano, Frances Mitok, Joe Schafer, Bill Shea (we need your email address!), Kay Vengurlekar, Warren Arenz, David Babcock, Jackie Clow, Ingrid Croteau, Paula Defreitas, Scotte Gowin, Carol Harris, Parke Hautem, Arnie Henden, Matt Kas, Leroy Kopel, Michael Kuper, Barry Manuel, Randy Miller, Ed Neegan, Stacey Sanford, Paul Smith, David Spirk.

### Time to Renew:

Garrett Beane, Sara Bockey, Mike Casteel, William Coghlan, Tim Fitzgibbon, David Fitzgibbons, Bryan Flamig, Al Gillogly, Sue Hahn, Robert Hartley, Randy Henderlite, Steve Hertzfeld, Chris Jungk, Walter Klass, Elisabeth Lawaczeck, Ron Lawson, Dave Lehnen, Lisa Levin, John Linn, Amy Mac Aulay, Rick Marquis, William Meacham, Frank Miller, Steve Miller, Thomas O'Leary, Frank Ong, Walter Paciorek, Kenneth Patterson, Elise Killian Pitterle, Gene Rainey, Ernest Renner, Dave Smith, Leon Smith, Robert Valentyn

## Cycling Humor *from your Editor*

True Stories are the best...A recent El Tour de Tucson was dedicated to Bob Roll, who is “quirky”, but still one of my all time favorites for his ability to ride at-or-near the top level of the sport, maintain his bizarre sense of humor, and somehow parlay all that into a cycling commentator career (jealousy? In a word: yes). So, Richard DeBernardis and Company hosted a dinner for the Bobke at which a few beverages were consumed and many humorous stories were told...etc. But, the funniest part of the evening for me (and there were MANY), was when I requested Bob's autograph on a page of a Graham Watson photo collection book wherein there was a picture of Bobke struggling through a cavernous Paris-Roubaix puddle while the peloton zipped past him on his left. His autograph, complete with an arrow to the puddle, reads: “Bob Roll...do NOT ride here!!!”

## **PLEASE PATRONIZE OUR SUPPORTING MEMBERS...**

**S.W.E.A.T. Magazine:** Fitness articles, gear reviews and event schedules. Available free in bike shops and fitness centers around the Valley.

**FITNESS PLUS:** Available in bike shops and fitness centers throughout the Valley.

**PAT'S CYCLERY:** 929 E Main, Mesa. (480) 964-3330. Trek, Diamondback, Schwinn, Sun (recumbents).

**LANDIS CYCLERY:** 1006 E Warner, Tempe (480) 730-1081, 2189 E Southern Ave, Tempe (480) 839-9383, 712 W Indian School Rd, Phoenix (602) 264-5681, 10417 N Scottsdale Rd, Scottsdale (480) 948-9280. Specialized, Trek, Kestrel, Fisher, Thule bikes and accessories.

**JAVELINA CYCLES:** Chandler Blvd and 48<sup>th</sup> St, SW corner, next to Va Bene restaurant and the new Gelato shop. (Ahwatukee) 480-598-3373. Titus, Raleigh, Fuji, Felt bikes, and more.

**TEMPE BICYCLE:** 330 W. University, Tempe (480) 966-6896.

**BIKE DEN:** 4312 W Cactus, Glendale (623) 938-0989. Bianchi, Litespeed, LeMond, Gary Fisher, Univega, Nishiki, Mountain Cycles, BMX and recumbents.

**BIKESPORT:** 12035 n 59<sup>TH</sup> Ave, Glendale (623) 979-3474. Schwinn cycling & fitness, Giant, Paramount.

**OASIS CUSTOM BICYCLES:** 5815 w Hearn Rd, Glendale (623) 978-6787. Linear & BikeE recumbents.

**MIKE'S BIKE CHALET:** 5761 E Brown Rd, Mesa (480) 807-2944. Cannondale, Giant, road & mountain.

**BIKESMITH CYCLE & FITNESS:** 723A N Montezuma, Prescott (928) 445-0280. Schwinn, Specialized.

\*\*\*Supporting members provide annual financial support to PMBC/West Valley/Prescott clubs through event proceeds, raffle prizes (including goods and services), ride support and technical assistance, volunteer participation in club events, publications of event schedules, in addition to all sorts of support for the cycling community, for which they deserve our support and patronage. When visiting a supporting member, thank them for their support, let them know that you have seen them listed in our newsletter.

### **BIKE TRAVEL CASES:**

PMBC owns several hard shell bike travel cases for rental at minimal cost to members for up to four consecutive weeks. Eligibility: Club member in good standing for at least three months, refundable deposit required, and there is one of those legal-type rental agreements to be signed. For reservations or additional information, **contact Paul Nichols in person or via e-mail at "pnick44@qwest.net"**.

#### **Phoenix Metro Bicycle Club**

PO Box 26788  
Tempe, AZ 85285

#### **West Valley Bicycle Club**

PO Box 8125  
Glendale, AZ 85312