

THE TAILWIND TIMES

May 2007, Vol. 15, No. 5

In this Issue:

Our Lead Out: Notes from the **Arizona Bicycle Conference 2007**...Visionary ideas/projects, education, and opportunities.

Remembering West Valley cyclist, Bob Walmsley, lost in a tragic accident...(Page 7)

"BikeStation" Tempe: Check this out!!! A visionary concept comes to Tempe in 2008 (Page 3)

Open Highway Bicycling in Arizona: Tips on safe highway riding from Certified Instructor, Rich Corbett (Page 4)

The Ride Calendar: Spring and Summer ride schedule ...Bring your **spin** or your **hammer**... (Page 3)

Arizona Bicycle Conference 2007 – Vision, Opportunities...Support Required!!!

By Bob Beane

OK, you ride with the group. That's good. You joined the club. That's even better. You volunteer as a ride leader, major event organizer, or SAG driver. Outstanding! All of these levels of participation help keep cycling vibrant and fun in Arizona. There are several *other* ways that contributions are being made, each of which is extremely valuable. Some of the following roles require specific education, training, genetics or employment. Others require primarily initiative and involvement. In each case, a love of cycling or a passion to make a difference is most likely why these individuals "do what they do," helping to improve your rides.

The folks below came together on Friday, March 30, to discuss how to advance our "cause" within Arizona, and to review some of the exciting new projects and needed initiatives that merit cycling community support. Here is just a brief summary of who they were, and what was discussed. Please consider educating yourself on bicycling-related projects and issues in your community, and contacting your city council member and/or attending public forums to voice your support of potential improvements.

- **Bicycling Advocacy** – **Bill Lazenby** of the Coalition of Arizona Bicyclists, and **Richard DeBernardis** of the Perimeter Bicycling Association of America, joined forces to host the **Arizona Bicycle Conference 2007** in conjunction with the EI Tour de Phoenix. It takes people like Bill and Richard, with a vision, to bring people together to discuss ways each can help and, more importantly, to commit to taking action. This conference was created to provide an annual forum to bring together advocates, planners and key representatives of the cycling community, as well as to inform all of us as to future plans, projects underway, and where financial and community support might be beneficial.
- **Bicycle Coordinators** – **Eric Iwersen** and **Reed Kempton**, of Tempe and Scottsdale, respectively, attended the conference and discussed how each city became a **League of American Bicyclists "Bicycle Friendly Community"**. Their experience in reaching "Silver" status with the LAB was informative, both with respect to the application process and the types of alternative transportation projects selected by their communities. Their presentations outlined a number of exciting new plans, including bicycling-related elements of Scottsdale's Transportation Master Plan and the innovative "BikeStation" planned for Tempe in 2008 (see Page 3). The experience of Reed and Eric is available to their counterparts in Surprise and Peoria, for example, as those growing communities pursue alternative transportation planning and LAB recognition. There appears to be no shortage of project ideas, only community awareness and support to realize them.
- **Legal Reformers** – **Eric Post**, Tucson Attorney, provided an extremely informative explanation of the current AZ law with respect to motorists and cyclists, which inspired a spirited discussion of where the cycling community should push for change. One new place might be within Administrative Law (as opposed to the Civil and Criminal justice systems), specifically to seek revocation or suspension of driving privileges in driver-at-fault injury accidents involving cyclists. Another current push is to have injury-causing violations of ARS 28-735 (three foot safe passing distance laws) added to the limited list of violations (such as school zone speeding with injury, red light running resulting in collision, etc.) that qualify for criminal penalties under ARS 28-672. Eric also reminded attendees that injured cyclists may have an opportunity to utilize their automobile insurance for medical payment benefits and un/under-insured coverage.
- **Statisticians** – **Kerry Wilcoxson** of the City of Phoenix Streets Department presented statistics on bicycle collisions in Phoenix, based on incidents reported in years 2001-2005. Of those collisions, 75% were during daylight, most were at intersections in marked or unmarked crosswalks, most involved vehicle impact from the side (primarily left side), and the bike rider was at fault most often. Most of the bike riders involved did not appear to be experienced recreational cyclists, because over half were not wearing helmets, 28% were children under age 18, the highest incidence of accidents was between 3:00-6:00 pm, and the lowest incidence by day of week was Sunday, followed by Saturday. Mr. Wilcoxson also cited a specific study done on Ahwatukee accidents, which concluded that the cyclists that were involved were generally experienced, riding where they should be and with helmets, and that drivers in that area were mainly at fault.
- **A Very Personal Perspective on Bicycle Accidents** – **Jean Gorman** and **Rita Walter**, who lost a son and a husband, respectively, to careless drivers, provided a very personal perspective on the aftermath of the death of a loved one in a bicycle-related accident. Jean told us how hard it is to listen to discussions of fatality statistics, because she knows that one of those is her son. Both women are bothered by how little regard for cyclists is evidenced in the Arizona laws, and both feel that we must continue to work to improve both on-road and legal conditions for cycling in our communities to help prevent similar tragedies from happening to other families.

(continued on Page 2)

- **Those Who Inspire** – The Conference keynote speaker was legendary Canadian cyclist, **Steve Bauer**. Bauer's career spanned from the mid-70s, joining the Canadian National Team as a junior in 1977, to the early 1990s, at which point he had worn yellow during two Tour de France races, medaled in the World Championships, and finished second in both Paris-Roubaix and the Olympic road race. Steve was a contemporary of, and raced with, Greg LeMond, Bernard Hinault and Andy Hampsten. Steve credited Greg LeMond with teaching him to train at the highest level, and described wearing the yellow jersey as both "inspirational" and the cause of "global suffering" as he tried to defend it. Steve remains active in the cycling community, and thanked all in attendance for their efforts to improve the environment for cycling.

Purposes and Objectives of GABA and our member clubs:

- To promote interest and involvement in all aspects of bicycling.
- To schedule field trips, tours and other group riding opportunities for further development of individual cycling skills, and to instill safe riding habits.
- To initiate and publicize all types of bicycling events to attract out-of-state bicyclists to Arizona.
- To provide maps and route information to touring and commuting cyclists and to encourage bicycle use as an energy- efficient, healthful means of personal transportation.
- To provide instruction at all levels of bicycling skill and bicycle maintenance, including on-the-road repairs.
- To publish regularly a comprehensive newsletter of bicycling information about the events of all Arizona bicycle clubs, legislation affecting cyclists, and other cycling related news.
- To promote bicycle racing as a spectator sport and to refer those interested in race participation to local clubs involved in the sport.

Questions? Comments? Here's who to call...

West Valley Bicycle Club (GABA Chapter): 2007 Officers (pending) contact: bettur@qwest.net

Phoenix Metro Bicycle Club (GABA Chapter): Jay Stewart, Pres (480) 893-0303; Tom Adams VP & Mailing List (tl85258@yahoo.com), Quyen Nguyen, Treasurer (calypso850@yahoo.com); Jane Larson, Secy (Jlreports@qwest.net); Bob Beane, Newsletter Editor, (480) 961-1951, (marco3@cox.net).

Moving or Changing e-mail addresses? Please let your home chapter know – The Post Office will not forward the Tailwind times and e-copies won't find you unless we know where you are!!!

Newsletter Deadlines: The deadline for submissions is the 15th of the month prior to publication. Direct submissions may be mailed to the Newsletter Editor c/o Bob Beane, 4413 E. Graythorn St, Phoenix, AZ 85044. You may e-mail Bob at marco3@cox.net. E-mail submissions are currently being accepted in the following formats: Articles in MS-Word 2003 or older versions, information by MS-Word or standard e-mail, photographs preferred as jpeg or other common format attachments. Due to space limitations, articles will generally be edited to two pages, or less. We reserve the right to decline to publish any submissions, due to content, date of receipt, space limitations, or for any other reason.

Web resources: Additional and updated ride schedules and other club information may be found on the Web, including:

Phoenix: www.sportsfun.com

Tucson : www.bikegaba.org

Prescott: www.prescottcycling.org (e-mail: pcc@prescottcycling.org)

Flagstaff: www.flagstaffbiking.org

Newsletter Production...A Very Special Thank You

Those of us involved in the production of the newsletter would like to thank **Toby House**, a non-profit agency servicing adults with serious mental illness in Maricopa County for over 27 years.

These fine people are responsible for the reproduction and mailing preparation of the **TAILWIND TIMES** you are reading.

Sunrise/Sunset (Phoenix, AZ)

May 1 5:40 a.m./7:11 p.m.

June 1 5:19 a.m./7:33 p.m.

Tips of the month:

- After washing, put matching socks, gloves, head sweats, etc., in jersey pockets to save prep time for the next ride.
- For a pocket-less ride, place a plastic tennis ball container in the seat tube bottle cage to hold ID, cell phone, energy bars, a few dollars, and other small essentials.

MAY RIDE SCHEDULE

****Please Note: Helmets are MANDATORY for all rides*

****Liability Waivers: If Ride Leader asks for riders to sign, and you don't, you are NOT part of the ride
(Includes most major club/event rides. For a more comprehensive ride schedule visit www.sportsfun.com)*

REGULAR CLUB RIDES (generally free to members, prospective members and guests)

EVERY MONDAY, WEDNESDAY & SATURDAY: Bike rides are held throughout the West Valley. For information on meeting places, times, etc., call Gene Marchi (623) 546-8112.

EVERY SATURDAY: SATURDAY CYCLING – Kiwanis Park, Tempe (SW of Mill & Baseline, across from the sand volleyball courts). 25-40 mile rides with optional breakfast stop. Contact Sue Fassett at (602) 758-0722 or suefassett@att.net.

EVERY SUNDAY: SPIN CYCLE starting at Desert Breeze Park, located between McClintock & Rural, and Chandler & Ray, on Desert Breeze Pkwy. For more information, contact Glen Fletcher at wgfletcher@cox.net.

START TIMES FOR SATURDAY CYCLING AND SUNDAY SPIN CYCLE: Jan 8:30, Feb 8:00, Mar 7:30, Apr/May 7:00, June-Aug 6:30, Sep/Oct 7:00, Nov 7:30, Dec 8:00.

EVERY SATURDAY: SUN LAKES BICYCLE CLUB – Starts from the Cottonwood Clubhouse on Robson Blvd between Dobson & Alma School, south of Riggs Rd. (Exit 167 from I-10). 35-40 mile breakfast ride at moderate pace. For information call Bob Prochaska at (480) 895-2601.

MONDAY-FRIDAY: PINNACLE PEAK PEDALERS – Rides of one or more days around the Valley and/or state. For information regarding upcoming rides call Vern Hines at 480-204-1419.

Kokopedalli “No Drop” Rides (20-22 miles, with longer options): Ride locations include Scottsdale (Chaparral Park), Mesa (Gene Autry Park) and Ahwatukee (various). Website: <http://groups.yahoo.com/group/kokopedalli> Get emailed ride reminders by sending a blank email to kokopedalli-subscribe@yahogroups.com For more info contact Kathy Mills at khendricks67@earthlink.net or 480-235-5052 for details. See <http://www.sportsfun.com/gaba/rideschedule.html> for ride schedule.

ARIZONA BICYCLE CLUB – The Arizona Bicycle Club is a Phoenix-based club that shares ride/event schedules with GABA clubs, and we offer member-discounted rates to each other's members for major rides.

MAJOR RIDES/EVENTS UPCOMING (most of these rides involve a rider registration fee or donation)

May 5-6 (Sat-Sun) GABA-Tucson – Salt River Canyon Tour Ride from Globe to show Low and back the next day. Great scenery, major climbs for experienced riders. Leader – Jill Hewins, centuries@bikegaba.org.

May 11 (Fri) GABA-Tucson – Mt Lemmon Hill Climb Climb 26 miles to the top, with lunch at Summerhaven. Steve Wilson at 520-870-5282 or wilsons@us.ibm.com.

May 12 (Sat) – Absolute Bikes – Sedona Century – Starting in Cottonwood, this ride offers metric century and 40 mile options. For more info and on-line registration, visit www.sedonacentury.com or call 928-284-1242. (Note: Tour de Payson cancelled)

May 26-28 (Sat-Mon) – GABA-Tucson – Luna Lake Tour – Approx. 60 miles per day. Start/Finish in Springerville. Pam Cullop at 520-290-4321 or socialdirector@bikegaba.org.

July 14-15 (Sat-Sun) PMBC – Dave Freund Memorial White Mountain Tour www.sportsfun.com.

July 21 (Sat) – Absolute Bikes – Taylor House Benefit Ride – 45, 65 or 95 miles. Flagstaff. www.absolutebikes.net/flag

“BikeStation™” Tempe Coming in Early 2008

Information provided by Eric Iwersen, Senior Planner, Tempe Transportation

Sometime in the spring of 2008, an exciting new concept will be unveiled in downtown Tempe. The trademarked concept, known as a “BikeStation”, will offer bike parking, bicycle repair, commuting information (bike, bus and rail), showers/restrooms, supplies and assistance, and refreshments. The BikeStation will be located at 200 E. Fifth Street, will be an integral element of the Tempe Transportation Center, and will provide a connection to Metro Light Rail, bus routes, and popular bikeway corridors. About 2,000 square feet of the Transportation Center will be allocated to the BikeStation. For more information, contact Eric Iwersen at (480) 350-8810 or by e-mail at eric_iwersen@tempe.gov. Visit www.tempe.gov/tim for more information on the Tempe bike program.

Open Highway Bicycling in Arizona

By Richard E. Corbett,
Certified Instructor and Coach

I rode the Tom Mix Century Ride November 7th, and it was fun and challenging, as the wind and long climbs combined to make it a real workout! I was not surprised to see almost all of the cyclists I observed riding the edge line of the Highway. I also talked with some at the rest stops and learned of their close calls and otherwise mixed experience with overtaking and on-coming traffic. So, to try to help, I have adapted this article, originally written for out-of-State cyclists coming to the LAW National Cyclist Rally held in Flagstaff in July of 1988, as it has really good advice on how to deal with the situations many encountered on the Tom Mix Ride.

Please remember that while Arizona is the **sixth largest state in America**, geographically, it is only the thirty-fourth largest in population. Three fourths of the people in Arizona live in the State's two major metropolitan areas, Phoenix and Tucson. Many of the remaining fourth live in smaller cities and towns. *With very few people scattered around in rural areas, not very many small county roads are needed to serve them.*

So, the majority of our cycling in Arizona is done on State Highways. Some of these highways have shoulders, and some don't. All of them are **readily rideable by cyclists who understand and practice Effective Cycling techniques.** Before looking at these situations, and the recommended techniques, lets look at the key elements of the laws that govern our use of these highways.

Arizona Laws

First, remember that we cyclists have the same **RESPONSIBILITIES** and the same RIGHTS as motor vehicle operators.

Next, remember that cyclists, when traveling slower than traffic, must ride as far **to the right** as **practicable and safe** for them (see my article last month on the real meaning of practicable) and other road users. Cyclists may move away from the right side of the road in the following situations:

1. **To pass** other vehicles or pedestrians
2. **To avoid conditions including rough pavement**, parked cars, debris, and other obstacles
3. When the lane is too narrow for a bicycle and a motor vehicle to be safely side by side within the lane
4. When preparing for a **left turn**

Please note especially the 2nd and 3rd points, as these hold the key to being a lot safer on the open highway.

As always, we ask your help in co-existing with, and projecting a responsible image to, non-bicycling Arizonans by obeying Arizona traffic laws. This means that YOU should stop at stop signs and traffic lights; yield at yield signs and when entering the road; signal your intention to turn, slow, or change lanes; and **do all the other things law-abiding vehicle operators do.**

We urge EVERYONE to read and **follow Effective Cycling procedures** for open highway situations:

- **MOTORISTS' OVERTAKING ERRORS** - On a two lane road with no shoulder, the chances are extremely small of being hit from the rear. Instead, **virtually the little danger that exists from the rear is that of being sideswiped, or hit as a passing vehicle pulls back in too soon.**
TO AVOID – Ride about four feet from the road edge, and observe (with a mirror, or by looking behind) overtaking traffic, oncoming traffic, and the road ahead (straight or curvy, shadows, etc.). If the over taker shows no sign of moving out (into the opposing lane) to pass you, weave your bicycle gently side to side to get their attention. The usual motorist response is to begin to move over.

If your weaving gets no response, get concerned fast and wave your left hand and arm up and down vigorously, while both observing the overtaking traffic and evaluating the roadside ahead as a possible place to leave the road. If there is no response to your arm waving, you can wait until just before the vehicle gets to you, then slide over to your right a couple of feet, allowing considerably better clearance when they pass you. If a car or single unit truck passing you starts to pull back in too soon due to oncoming traffic or poor judgment, braking hard should let it move past you safely.

Depending on the size of the overtaking vehicle, you may be in a situation where your choice is to either leave the road or be struck. Your judgment should be fast and decisive in this circumstance. **If a large truck, bus, or car/truck with trailer starts to pull back in too soon, pick the best route off the road and take it without hesitation.** Your judgment MUST be fast and decisive in this situation.

- **POTENTIAL HEAD-ONS** - On a two lane road, a hazard which occurs periodically is when a vehicle coming toward you starts to pull out to pass, posing a real danger of a head-on collision with you. This almost always results from the motorist not having seen you. **Be extra alert when there is a line of vehicles coming toward you (especially with a motor home or rental truck in front) when there are none going in your direction.**

TO AVOID: Two actions you can take to minimize the possibility of the potential head-on are: (1) **Wear light, bright colored clothing**, including a white or yellow helmet; and (2) perhaps more importantly, **position yourself in the lane** far enough from the edge of the road **to give oncoming drivers a clearer view of you**, without the visual clutter that often exists along the side of the road.

A motorist coming toward you may still fail to see you, or perhaps misjudge your speed and/or distance. **If they do start to prepare to pass, you must take IMMEDIATE action.** You must very quickly assess the speed and distance of the passing vehicle, **to judge whether you have time to attract the driver's attention and change their action.**

IF YOU DO HAVE TIME to attract the driver's attention, sit upright (if you are not already doing so), begin slowing down (soft pedal), and **vigorously wave your left hand and arm up and down in a large arc.** Continue to wave until the driver either pulls back in or you see that you must leave the road, **remember**, allow sufficient time to leave the road if you must.

IF YOU DO NOT HAVE TIME to attract the driver's attention, **brake hard and pull off the road, coming to a complete stop.** Even if leaving the road will result in a fall, it is preferable to possibility of a head-on collision. Your judgment MUST be fast and decisive in this situation.

- **STOPPING BY THE ROAD** - Remember to **pull ALL the way off the road** when you stop. The closer you are to the road, the greater the possibility that an errant driver might strike you. This is especially true on the wide-open stretches of road where motorists do not feel they have to pay as much attention.
- **GETTING BACK ON THE ROAD** - Simple as it may seem, be cautious of conditions that may distract you from observing and yielding to traffic on the road, such as a rough road edge, loose gravel, or other cyclists. **Enter the road only when you are CERTAIN that you can do so safely. Your last action before starting should be a scan of the roadway.**
- **CLIMBING UPHILL** - Climbing is done at much slower speeds than motorists, so you can safely ride farther to the right. Pedal in a gear that allows you to work without straining or wobbling. **DO NOT weave back and forth** across the lane if the climb is **really steep** - walk instead. **Pace yourself** to prevent fatigue that may impair your judgment and/or balance. **Stop as necessary** to recuperate, but take only short breaks (1-2 minutes) to help prevent strain or injury when you start riding again. **Be sure to stop where you can get ALL WAY off the road.**

When you top out on your climb, **STAY WELL TO THE RIGHT** until you are a reasonable distance past the crest, as you may not be visible to overtaking motorists, and it can be quite dangerous to have them "happen" on you when you are directly in their path and you are traveling at slow speed.

- **DOWNHILLS** - Our downhill are frequently long and steep. You often travel almost as fast as motorists (40 mph or more) while descending. Stay **WELL AWAY FROM THE EDGE OF THE PAVEMENT** (at least four to six feet) and **GIVE YOUR FULL ATTENTION** to maintaining control and avoiding any surface hazards.

Roadside obstacles are considerably more dangerous at higher speeds, so you should ride the center of the lane, unless there is a wide (6-8') shoulder with satisfactory surface, or the shoulder and the lane width combined is wide enough for you to beat least four to six feet from the edge of the pavement and still allow enough room for an overtaking vehicle to pass you safely within the lane (no closer than four to six feet at speeds above 25 mph).

Use brakes equally as you descend to prevent rim overheating, and don't enter unknown curves without some margin to spare.

- **CATTLEGUARDS** - We have learned the hard way that cattle guards can hurt you, badly. We continue to have lots of "open range" in Arizona, meaning there are no fences to separate you from the cattle. Where the road crosses the boundary of an open range area you may find a cattleguard. If you are not familiar with them, they are a series of closely spaced iron rails (often resembling train tracks) perpendicular (at a right angle) to the road, covering a shallow pit. Most tend to look rougher than they actually are. **Cross cattleguards straight, not at an angle.**

Watch for gaps between the grates parallel to your direction of travel. Also, the joint between the cattleguard and the road surface is sometimes rough. This means you'll probably slow down. **BUT, don't slow too much**, as slow speed on a cattleguard can result in a fall! As you approach, **rise off your saddle** and be sure your elbows and knees are bent slightly, in order to absorb any shock. **Be especially careful if the cattleguard is wet.**

Follow these tips, and you will be a lot safer. Especially as it relates to your position in the lane (ride close to the edge? No! Only when climbing slowly!)

*COPYRIGHT © Richard E. Corbett, 1988, 1990, 1996, 2000, 2001, and 2004.
May be reprinted or excerpted for NON-PROFIT use with proper credit.*

Did You Know...?

- **Bike Racing on your computer?** – If Versus' weekly TV coverage on Sunday isn't enough, check out Cycling.TV (most ProTour races), Paceline.TV, or www.wcsn.com. Cost range: "Free" to \$40 annual fee.
- **Paris will be flooded by bikes in July** – (from the *Washington Post*) "That's obvious", you think. Le Tour de France will be there. Actually, taking the lead from a two-year old program in Lyon, Paris plans to initiate a large scale, low cost (to users), public bicycle rental program. The goals of the plan are to cut traffic, reduce pollution, improve parking and enhance the city's image as a greener, quieter, more relaxed place. City officials and organizers expect to place 20,600 bikes at 1,450 stations by the end of the year, which will be rented at very low cost (subject to refundable deposit). The concept behind this plan is known as Cyclocity, which evolved from the European "biking-sharing" experiments of the 1960's and 1970's (e.g. Amsterdam).
- **Mesa, AZ cyclists: A Call to Action** – Mesa resident cyclists are encouraged to contact their City Councilperson to express support for a possible South Canal paved, shared-use path. The project on the drawing board would be funded more than 90% by Federal funds, and would provide a paved path suitable for cycling along the canal from McKellips to the Granite Reef Dam. The section from McKellips to McDowell apparently has some non-cyclist (equestrian) opposition, though Mayor Hawker seems to think that all parties could be reasonably accommodated in that area.
- **Cycling gifts/novelties available in the Valley** – (from the *East Valley Tribune*) A recent "cool find" highlighted by this publication is "a.k.a. Green", which is located at 8100 E. Indian School Road, Scottsdale. Apparently, among the items offered for sale are an assortment of decorative items (candle holders, clocks, bottle openers, etc.) made from bicycle chains, gears and other assorted bike components. Downside: There goes one excuse for the upgrade you've been wanting to make.
- **Ringling Brothers Barnum & Bailey Clown the Victim of bike "theft"...temporarily** – As reported in both television and print, Bello Nock, the daredevil clown, held a news conference, established a tip line, and promised a reward...all for the return of his foot-high, six inch wide bicycle. Apparently, Bello had left his bike leaning against a street sign while he and two fellow clowns performed an impromptu show for a camera crew. The forgetful clown was relieved when a local resident returned the bike the following day. The trademark bike was originally made in Mexico City, and been with the circus troupe for a dozen years.

Remembering West Valley Member, Bob Walmsley

Cycling Friends--

Bob Walmsley was a great guy to ride with. "Check that wheel. It looks a little out of true." "Time to clean the chain!" He was a perfectionist about his—and his friends'—bikes.

Bob, 65, passed away on April 10th as a result of injuries sustained during the April 7th West Valley club ride. Bob was struck head-on by a 16-year old hit and run driver (now identified) who pulled out to pass another vehicle.

Peggy and Bob moved to Sun City in 2000 and began riding with the West Valley Bicycle Club soon after. Together they rode a tandem, and Bob rode the trails in Flagstaff and the roads of the Valley. An all-around "jock," he hiked, rappelled, skied, canoed, kayaked, and just about everything else. He currently worked as a programmer for IBM. Peggy and his two sons Scott and Curt will miss him greatly, as will all of his co-workers, friends and cycling pals.

A note on the accident: The driver of the vehicle who was being passed by the teenager (who was late for work) stopped to assist at the accident. At the urging of the other riders, he followed the truck and was able to get the first letters of the plate, enabling the Sheriff's department to locate the vehicle and apprehend the driver. Apparently, the teen told his parents about the accident and they assisted him in concealing the vehicle until it was ultimately found. The Walmsley family and members of the bicycling community are working with the Coalition of Arizona Bicyclists to make sure that appropriate charges are filed.

Betsy Turner
West Valley Bicycle Club

BIKE TRAVEL CASES:

PMBC owns several hard shell bike travel cases for rental at minimal cost to members for up to four consecutive weeks. Eligibility: Club member in good standing for at least three months, refundable deposit required, and there is one of those legal-type rental agreements to be signed. For reservations or additional information, **contact Paul Nichols in person or via e-mail at "pnick44@qwest.net"**.

PLEASE PATRONIZE OUR SUPPORTING MEMBERS...

S.W.E.A.T. Magazine: Fitness articles, gear reviews and event schedules. Available free in bike shops and fitness centers around the Valley.

FITNESS PLUS: Available in bike shops and fitness centers throughout the Valley.

PAT'S CYCLERY: 929 E Main, Mesa. (480) 964-3330. Trek, Diamondback, Schwinn, Sun (recumbents).

LANDIS CYCLERY: 1006 E Warner, Tempe (480) 730-1081, 2189 E Southern Ave, Tempe (480) 839-9383, 712 W Indian School Rd, Phoenix (602) 264-5681, 10417 N Scottsdale Rd, Scottsdale (480) 948-9280. Specialized, Trek, Kestrel, Fisher, Thule bikes and accessories.

JAVELINA CYCLES: Chandler Blvd and 48th St, SW corner, next to Va Bene restaurant and the new Gelato shop. (Ahwatukee) 480-598-3373. Titus, Raleigh, Fuji, Felt bikes, and more.

TEMPE BICYCLE: 330 W. University, Tempe (480) 966-6896.

BIKE DEN: 4312 W Cactus, Glendale (623) 938-0989. Bianchi, Litespeed, LeMond, Gary Fisher, Univega, Nishiki, Mountain Cycles, BMX and recumbents.

BIKESPORT: 12035 n 59TH Ave, Glendale (623) 979-3474. Schwinn cycling & fitness, Giant, Paramount.

OASIS CUSTOM BICYCLES: 5815 w Hearn Rd, Glendale (623) 978-6787. Linear & BikeE recumbents.

MIKE'S BIKE CHALET: 5761 E Brown Rd, Mesa (480) 807-2944. Cannondale, Giant, road & mountain.

BIKESMITH CYCLE & FITNESS: 723A N Montezuma, Prescott (928) 445-0280. Schwinn, Specialized.

***Supporting members provide annual financial support to PMBC through event proceeds, raffle prizes (including goods and services), ride support and technical assistance, volunteer participation in club events, publications of event schedules, in addition to all sorts of support for the cycling community, for which they deserve our support and patronage. When visiting a supporting member, thank them for their support, let them know that you have seen them listed in our newsletter, and let them know that you are one of nearly 500 GABA members cycling in central and northern Arizona ...

GABA – Phoenix Metro
PO Box 26788
Tempe, AZ 85285

GABA – West Valley
PO Box 8125
Glendale, AZ 85312